

countynews

CORNWALL FEDERATION OF WOMEN'S INSTITUTES

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June 2018



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theWI
INSPIRING WOMEN





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THANKS TO TRURO AFTERNOON WI FOR PACKING JUNE 2018 COUNTY NEWS

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NOTES FROM THE BOARDROOM



June is busting out all over – as the song goes. And, yes, I have recently been watching *Seven Brides for Seven Brothers*. I make no apology for saying that I am an old romantic; I love all the old musicals – *Carousel, Oklahoma, South Pacific, The King and I*, etc. In fact, I like nothing more on a winter's afternoon than curling up in front of the TV and indulging in an old film. I have in fact just watched for the first time *Brief Encounter* which, considering I lived for several years just two or three miles from where it was filmed, was disgraceful.

Enough of my indulgent reminiscing. It is June, the beginning of summer, the season for Wimbledon and strawberries, the time when many of us are looking forward to spending time away from the hurly burly of everyday life. I freely admit that as I sit here penning this, the idea of relaxing on a sun lounger with a good book seems very appealing. Then I look out into the garden and see that the lawn needs cutting and there is weeding to be done, so

goodbye pleasant dream and back to reality. Mind you, I do have a week in France to look forward to with my family in a few weeks' time, so maybe that sun lounger will be a possibility.

By the time you read this, the Royal Cornwall Show will be over, not quite a distant memory but over, and we shall be going over how we did, what worked and what could be improved for next year. You see, the Royal Cornwall Show is a little like painting the Forth Bridge – it is never over. As one Show ends, we begin thinking about the following year. But the one thing that never changes is the support we get from our members - whenever the plea goes out, you all come up trumps, eager to help, whether it is stewarding, helping with the teas, entering the competitions or merely coming to support the Show. So I am now saying a huge thank you to everyone who helped in any way, the sub-committees and our members – we could not do it without you all, so thanks for what you have done and see you all next year.

Enjoy your summer and whatever you plan to do – get out and about in this beautiful county of ours and make the most of it.

Best wishes to you all.

Margaret

Chairman Margaret

DIARY UPDATES

JUNE DIARY DATES

7th-9th – Royal Cornwall Show
28th – Mount Edgumbe Visit

JUNE CLOSING DATES

11th – Cusgarne Organic Farm Walk
13th – Through the Eyes of an Artist
29th – Treloyhan Manor Residential Weekend

COVER PHOTO



Liz Long (left) and Wendy Trevennor (right), of Marshgate WI, give us some sweet smiles as they make sugarcraft flowers at a recent Home Economics and Craft workshop.

NOTES FROM THE OFFICE

200+ CLUB

April winner of £38 – Estelle M. Omand of Connor Downs & Gwithian WI

CALENDAR CORRECTION

By now, you'll all have received your beautiful 2019 CFWI Calendars featuring Cornish celebrations, and will be admiring the talents of the photographers among our members. Our spectacular cover photograph was taken by Marianne Inskip of Crantock WI. Our sincere apologies go out to Marianne for the misspelling of her name.

ANY QUESTIONS?

If you have any questions about a CFWI event – directions, materials needed, etc. – please use the 'Further Information' contact details listed in *County News* for that event.

MEMBERSHIP MATTERS

AUTUMN FASHION SHOW
Wednesday 26th September
KERNOW MILLS,
TRERULEFOOT, SALTASH
6:30 for 7pm

The Membership Support Sub-Committee will be holding an evening of fun and fashion at Kernow Mills on Wednesday 26th September.

Refreshments will be available for purchase from the restaurant on the night.

We are also looking for models, so if you fancy an evening on the catwalk please give Kathy a ring.

Cost: £6

Closing Date:

Wednesday 15th August

Further information: Kathy Reed

(see your WI Secretary or contact the Office for bookings)

CALLING ALL NEW TREASURERS

Alison Latham, Federation Treasurer, is offering Small Group Training Sessions for new WI Treasurers with a limit of four Treasurers per session. The first of these sessions will take place at Chy Noweth on 13th June and 4th July from 1pm to 4pm. This is a golden opportunity to get specialist training to help with the role.

For further information and to book your place on a training session please contact CFWI on 01872 272843 or via email at cfwi@btconnect.com.

Any other announcements for Treasurers will be in Treasurers Corner on page 3 of this issue of *County News*.

FEDERATION MATTERS

MUCH ADO ABOUT NOTHING Thursday 30th August MINACK THEATRE



In a small town in America's Midwest, girl band sensation The Heroines are on the brink of pop superstardom. When a group of soldiers returns home, memories of conflict give way to a life of partying, high jinks and true love. A foot-tapping '50s-themed musical version of Shakespeare's riotous comedy featuring the songs of Elvis, The Supremes, The Ronettes and many more.

The production is presented by OVO, a St Albans-based award winning theatre company with an outstanding reputation for innovative, imaginative and inspiring theatre.

Pickups will be from Wainhouse Corner (8:30am), Trethorne (8:55am), Bodmin (9:20am), Cornwall Services (9:35am), Chy Noweth an Conteth (10:05am including comfort break) and Camborne (10:45am) to arrive at Porthcurno at approximately 12:00 pm (traffic permitting).

Mini-bus transport can be arranged from the coach park to the Minack for an additional charge of £1.50 per person each way, to be paid on the day.

(Please note that the date listed for this event in last month's *County News* was incorrect. The correct date is Thursday 30th August.)

Cost: £27.00 per person including coach transport; £14 per person for theatre tickets only

Closing Date:

Wednesday 18th July

Further information:

Pam Selley

(see your WI Secretary or contact the Office for bookings)

A VISIT TO KILLERTON HOUSE

Friday 21st September

On 21st September, we'll be making a trip to Killerton House, a National Trust property near

Exeter. Join us for an autumnal visit to this lovely 18th century house with its hillside garden and estate. The house has a collection of 18th-20th century costumes, as well as an exhibition on 'Women in Power' with stories of the women from Killerton and their roles.



Cost: £27.50 per person (£16.50 for NT members), to include coach, entry and the exhibition

Closing Date:

Tuesday 7th August

Further information:

Pam Selley

(see your WI Secretary or contact the Office for bookings)

SPEAKERS' AUDITIONS DAY Thursday 20th September CHY NOWETH AN CONTETH 10am – 3:30pm

Here's a chance for you to be the very first to hear some potential WI speakers and help determine whether they will appear in our Speakers' Directory! The next Speakers' Auditions Day will be held at Chy Noweth on Thursday 20th September. One member per WI will be given preference so that as many WIs as possible can be represented. Tea/coffee and biscuits will be provided, but please bring a packed lunch. Come along and get some fresh ideas for your next WI programme!

Cost: £3

Closing Date: Thursday

9th August

Further Information:

Grace Bradford

Email:

(see your WI Secretary or contact the Office for bookings)

WOULD YOU LIKE A WI PEN PAL?

You may not know that the Cornwall Federation has recently twinned with the Gwent Federation in Wales. We have sent representatives to each others' Annual Council Meetings over the past year; however, we'd like to get you, our members, involved. We thought a pen pal project would be just the thing.



If you're interested in writing to a WI member in Gwent, please let us know. We'd also like to know whether you'd like to correspond by letter or by email, and what your particular interests are so that we can better match you up. Send your details and information to Helen Kestle at cfwi.publications@gmail.com or to:

SOCIAL MEDIA COMPETITION

Has your WI set up a Facebook page or a website? Have you used social media to help attract new members, or to keep your current members in the loop?

If so, this is the competition for you!

If your WI is not yet using social media or other technology, it's not too late to get started. Have a look at MyWI where you'll find simple tutorials to get you up and running using social media.

To enter our competition, please email the office with a link to your website, Facebook page, Twitter account – or whichever platform you've used to help your WI – along with a brief description of how using technology has helped you. The WI deemed to have made the most effective, creative and innovative use of social media or technology will be announced at our Annual Council Meeting in October.

Closing Date: Thursday 30th August

Contact: Helen Kestle

CREATE A UNIQUE CENTENNIAL ARCHIVE FOR 2019

We are calling on all the talented and creative members we have in our WIs to put their thinking caps on and create a wall hanging archive for the future for all to see. Using your choice of fabric and thread, the wall hanging can be either an individual or a group entry, but only one entry per WI. The finished size is also up to you, provided the wall hanging is no smaller than 18"/45cms on one side and no longer than 36"/90cms on one side. A 'D' sleeve will also need to be attached to the back to enable your piece to be hung.

The winner will be announced and presented with a prize at Spring Countdown in April 2019, where we hope to display some of the

entries. We also hope to display some of the entries at the Royal Cornwall Show. Please note that by entering the competition you agree that the winning entry will be displayed at Chy Noweth and will become the property of CFWI.

Your WI secretary has the full details of the competition as well as the application form. Please contact Judith Williams at [redacted] if you require further details.
Judith Williams, CFWI Archivist

2018 PRESS COMPETITION

It's time to look back over the last few months and select the reports you'd like to enter into the Press Competition. The Boslowick Cup is awarded to the winner of those in their first year of office; the Whitecross Cup is for more experienced Press Officers to enter. Reports of meetings published between 1st August 2017 and 31st July 2018 will be eligible. Closing date is 31st July. Your WI secretary will have the guidelines and entry forms.

Further Information:

Jane Dover

2018 PROGRAMME COMPETITION

Does your WI programme depict what's special about your WI? If it's informative, welcoming and a useful advertising tool to give to potential new members, then it will be perfect to enter our Annual Programme Competition. **No entry fee!** A trophy for each category, defined by the number of members in your WI, will be awarded at the Annual Council Meeting in October. Please send entries to Sheila Goldsworthy

Closing Date: Saturday 30th June

Further Information: Sheila Goldsworthy

TREASURER'S CORNER

Do you have members who sign up for events and outings organised by your own WI or by CFWI? Don't forget that your WI funds must not be used to purchase tickets for members wishing to participate in events and outings unless you have first received payment from those who have signed up for, or expressed interest in an event. This could otherwise result in non-payment by members who change their mind at the last minute and leave your WI out of pocket.

COMBINED ARTS

PUBLIC SPEAKING FOR THE TERRIFIED

Thursday 6th September 2018
CHY NOWETH AN CONTETH
10am-1pm

Do you dread having to stand up in front of people and give a report? Does being asked to give the vote of thanks distract you from concentrating on what the speaker is saying? Are you deterred from volunteering to become the President of your WI, not because of the work, but because you are shy and feel that people may judge or criticise you? Are you afraid of boring the audience if asked to give a talk or demonstration?

All of these feelings are common to many of us and frequently deter members from getting the most out of their WIs.

Summon up your courage and come and learn some simple presentation skills in this workshop designed to build up your confidence.

Liz Llewellyn-Jones will help you modify your voice for maximum effect, show you how to turn those nervous 'umms' and 'ahhs' into positive points or natural pauses.

So much public speaking is not what you say but how you say it. Come and enjoy practicing in a safe environment and learn how to make a good impression.

Cost: £9

Closing Date:

Thursday 26th July 2018

Further Information:

Alison Downing 01579 351241 (see your WI Secretary or contact the Office for bookings)

A WEEKEND JUST FOR YOU

Friday 2nd November –
Sunday 4th November
TRELOYHAN MANOR,
CARBIS BAY

Here's an opportunity for you to



experience a residential Denman-style weekend right here in Cornwall.

There will be a choice of five courses – crafts, seasonal festive flowers, photography, art and a selection of visits and interesting talks provided by the Environmental and Public Affairs

Sub-Committee. This will be an exciting weekend with an excellent line up of tutors.

Please see the flyer with your WI Secretary for details of how to apply for the weekend.

Closing Date: Friday 29th June

Further information: Liz

Llewellyn-Jones 07825 750985 / Email: liz.llj@icloud.com (see your WI Secretary or contact the Office for bookings)

THROUGH THE EYES OF THE ARTIST

Wednesday 25th July
ARUNDELL, WEST PENTIRE
1pm – 4:30pm

David and Brenda Eyles have kindly agreed to open their famous garden on the headland at West Pentire for members of the WI to use as inspiration for their artistic talents. You are invited to a wonderful afternoon using this unique Cornish garden as your muse.

Themed areas transport you around the world from a Mediterranean courtyard through a Cornish cottage garden to a tropical jungle. Walk to the headland to paint sea views "en plein air", as favoured by the Newlyn artists, photograph the

colourful vistas, draw botanical specimens or just wander the pathways composing a sonnet – whatever inspires you on the day.

Come and enjoy this beautiful place with tea and scones included.

Cost: £6.50

Closing Date:

Wednesday 13th June

Further information: Veronica Gray 01637 830658

(see your WI Secretary or contact the Office for bookings)

DENMAN

DENMAN EXPERIENCE -
20th-23rd May 2019

Just a quick reminder that your WI Secretary has further information and an application form for our Federation visit to Denman next year. You'll have the opportunity to choose from the following courses: Silver Clay Jewellery, Mystery Quilt Using Nine Fat Quarters, Tempting Salads and Super Foods, Discovering Spas and Pleasure Resorts and Traditional Jazz.

If you have any further questions, please contact Kathy Reed, CFWI Denman Ambassador on 01288 361160 or kathy.reed1@btinternet.com.



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ENVIRONMENT & PUBLIC AFFAIRS

TAKE A TOWN: SALTASH Thursday 20th September SALTASH BAPTIST CHURCH 9:45am – 3:30pm



The Environment and Public Affairs Sub-committee's popular 'Take a Town' series continues with a visit to Saltash, the Gateway to Cornwall.

Saltash is a lively town proud of its history and place. Come along and find out where the name Saltash came from. Did you know that Saltash was cited in recent years as the most desirable town to live in England? Come and see the Saltash tapestry made with wools from Bayeux on display in the Baptist Church. See Mary Newman's cottage with its Elizabethan herb garden. Enjoy photogenic views over the Tamar with its iconic bridges.

The morning will include two talks on the history and exceptional citizens of Saltash. The afternoon walks will bring this information to life. A shorter walk will be on a similar level to the meeting venue,

and a longer walk will be slightly hillier. Flat shoes are advisable.

We will meet at Saltash Baptist Church (just above the railway station) for coffee and tea, provided by Trematon WI. Trematon will also provide soup and a roll at lunchtime. More details will be provided to registrants.

Cost: £8

Closing Date: Thursday 9th August
Further information: Anne Fenwick 01208 872804 / Email: anneL.fenwick@btinternet.com (see your WI Secretary or contact the Office for bookings)

WILL MEAT AND TWO VEG SURVIVE? FOOD AND FARMING IN THE FUTURE

**Monday 15th October
10am – 4/4:30pm**

What will we be eating in the future? And how will we be producing it? Come and join us for an exciting day at the Eden Project to hear some fascinating talks about what the future holds, straight from the Eden scientists who are working on this now. We will talk about the big issues facing the farming sector in the future with ever more mouths to feed - and how to do that

sustainably, in the face of climate change, pollution, etc. This will be followed by a seasonal and/or local lunch of freshly made quiches, salads and new potatoes, with dessert. We will then hear from Eden scientists about what we will be eating in future, sustainable land use and about training the cultivators of tomorrow. This promises to be a hugely interesting and varied day with plenty of time for questions. Your ticket price includes access to Eden, plentiful free parking, refreshments on arrival, buffet lunch, presentations during the day and tour of the exciting exhibitions in the new Core educational suite. Friends and family are welcome, space permitting.

Cost: £25

Closing date: Monday 3rd September

Further information: Julia Havard 01736 740479 / Email: juliahavard123@btinternet.com, or Helen Mills-Jenkins 07572 614622 / Email: thesewingchick@outlook.com (see your WI Secretary or contact the Office for bookings)

CLIMATE COALITION WEEK OF ACTION



Have you ever had a conversation about Climate Change with your MP? As Climate Ambassador for CFWI, I have had several with mine, but it's harder for me to talk to the five other Cornwall MPs. However, all six Cornwall MPs have constituents who belong to a Cornwall WI – so between us we could talk to every one of them, and let them know how much we care about our planet.

This year's Climate Change Week of Action, which runs from 30th June

to 8th July, is all about having a climate heart to heart with your MP: NFWI is asking us to organise a local event to show how much our communities care. And they are telling us how it can be done. Green hearts are still the theme, and the Climate Coalition website is full of images of WIs and other groups presenting their MPs with a green heart to show their love for the planet. To learn how to organise your event, and what to ask your MP, you can download the Action Pack from the NFWI website. You can also download the Climate Coalition Action Guide, which is an event organiser's guide containing case studies. This includes the October 2016 joint Zennor WI and Trythall School meeting with Derek Thomas MP, so Cornwall WIs are well represented, along with their banners – and in some cases, their grandchildren.

Don't worry if you can't arrange an event in time for that special week, any convenient time will do. Here in the St Ives Constituency, MP Derek Thomas accepted our invitation to come and talk to local WI members in May about climate change and clean energy in Cornwall and to answer our questions, so I will be able to let you know how we got on in the next issue of *County News*. In the meantime, get in touch with your MP, and let him or her know that you want them to support a green future for this country.

The photograph shows 75 green heart brooches crafted by Zennor WI member Susan Lowe. They are made of white porcelain, biscuit fired, then painted with ceramic stains and a transparent glaze, and fired again. Green hearts for life!

Pippa Stilwell,
CFWI Climate Ambassador



Sally Kington

PGDip MCFHP MAFHP



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GOONHAVERN WI MEMBER WINS WORLD MARMALADE PRIZE



Janice Miners of Goonhavern WI was awarded Best in Show at the 13th World's Original Marmalade Awards held at the Dalemain Marmalade Festival in Cumbria in March.

Janice's delicious grapefruit and gin marmalade scooped the coveted prize. Her zesty, fresh flavours wowed the judges and she shot straight to the top, despite this being the first time she had entered the competition. Her homemade marmalade will be produced by Thursday Cottage and sold at Fortnum & Mason in their prestigious Piccadilly store, with 50p from each jar going to Hospice at Home Carlisle & the North West.

Janice said, "I feel very honoured to have won as there was an amazing array of marmalades on show, and some really different combinations. I entered as I read an article all about the competition and I thought what a good idea to raise funds for charity. I have entered local competitions before but nothing as wide ranging and with so many entries as this, so I thought I would have a go. I chose gin which I thought would enhance the flavour of the grapefruit – sharp but not bitter, when you spread it on your toast in the morning, it's one of those tastes that makes you think about the flavour."

Congratulations, Janice!

FALMOUTH WI AT SPRING FLOWER SHOW



Members of Falmouth WI enjoyed themselves at this year's Falmouth Spring Flower Show. Here they pose proudly in front of their stand.

HAPPY 85th BIRTHDAY TO HESSENFORD

Members of Hesseford WI

recently celebrated their 85th birthday. The celebratory cake was made by President Jackie Holland and was cut by Angela Bond and Yvonne Byles, the WI's two eldest members.



SHEFFIELD & DISTRICT'S WINTER WANDERLAND



A Church Heritage project was recently held in the village of Paul, titled 'Winter Wanderland'. The object of the project was to transform the village into an outdoor gallery and it proved to be very successful. Local residents and groups were encouraged to create window displays for their homes based on their interpretation of the heritage found within the Parish.

Several "Saturday workshops" were held to assist with ideas and encouragement and several members from Sheffield & District WI enthusiastically completed the largest display in the old Post Office window.

The community spirit was certainly alive and well when the lights were switched on!

The event lasted for three evenings when friends, neighbours and visitors young and old, with the aid of a map, took the magical trail around the village.

SOME 80th BIRTHDAY HISTORY FROM CAMELFORD WI



© David Flower

Camelford WI celebrated their 80th birthday this spring. Members are fortunate to have in their archives the very first record and minute books starting in 1938, which make for interesting reading.

Quoting from the Record Book...

"A Public Meeting was held in the Town Hall on Wednesday February 16th 1938 to consider the formation of a Women's Institute

in Camelford. Miss Henmark (a County Voluntary Organiser) explained very capably the formation and the rules of the WI and it was unanimously decided to form a branch. President - Mrs Fisher, Secretary - Mrs Neil and Treasurer - Mrs Leese, were proposed and seconded. Ten more ladies completed the Committee. It was proposed that the first meeting would be on March 21st 1938 at 7pm."

The new Committee met for the first time on March 3rd 1938 to decide the meeting venue. The Chapel Street Schoolroom in Camelford was chosen for the first meeting. The meeting would consist of a business meeting followed by a social half hour with competitions and music.

All of the women were addressed as Mrs or Miss and the price of a cup of tea was to be one penny. The very first speaker Camelford had was a Miss Sedgwick from Truro who gave her talk on FOOD FOR HEALTH – some things don't change!

BEACH CLEANS FOR MAWNAN AND BODMIN GAOLBIRDS



Both Mawnan WI and Bodmin Gaolbirds WI recently took to the beach to help clean up plastic waste.

Taking advantage of some more spring-like weather, an enthusiastic group of Mawnan WI members and friends could be seen on Prisk beach clearing the sands and rocks of rubbish, which was predominantly plastic, but also included a large section of fishing net and abandoned bags of dog mess. The group has been active on several other beaches around the Helford area over the last few weeks and has been dismayed by the quantity of rubbish that they have removed in just a short amount of time. Mawnan WI member, Carol, is leading the WI's support of the NFWI campaign to raise awareness

of the concerns about plastics in the seas and plans further beach cleaning events. Mawnan WI has been joining up with other groups collecting plastic bottle tops for charity and is currently thinking about how to reduce plastic packaging of food items.

For their April meeting, members of Bodmin Gaolbirds WI met at Mawgan Porth Beach and were blessed with a warm balmy night with a sunset to die for and, importantly, a low tide.

The object of the meeting was two-fold: to help the Clean Cornwall beach clean project, and to beachcomb for items to use to make craft items for the WI's Royal Cornwall Show entry.

Members were equipped with gloves, black bags and litter pickers. At the end of the session all agreed that Mawgan Porth was definitely the cleanest beach in Cornwall and very little rubbish was collected!

Members gathered after their beachcombing to enjoy hot pasties and hot drinks supplied by Shirley Trewin. There was also jam and cream scones, and cake – there is always cake for WI members!

WI MEMBERS JOIN THE CORNISH EMBASSY TEAM WITH THE TICK BOX BUS



Tracey Worrall of Gwinear WI and Linda Barraclough of Praze-an-Beeble WI have been Cornish Embassy personnel with the Tick Box Bus. The Tick Box Bus, sponsored by First Kernow and St Austell and Skinner's Breweries, is a Cornish embassy on wheels, joining the campaign for more recognition for Cornish identity. The bus is kitted out with a 'Cornish Embassy' upstairs and a beer tasting pub downstairs; all are invited on board to take a Cornish citizenship test, get a Cornish passport and, if successful, graduate to the bar for a few samples of Cornish beer. The bus will appear at cultural events in Cornwall throughout the year. Tracey and Linda were with the bus at the Royal Cornwall Showground, Geevor and at Heartlands, where Viv Broadhurst, also of Praze-an-Beeble WI joined them.



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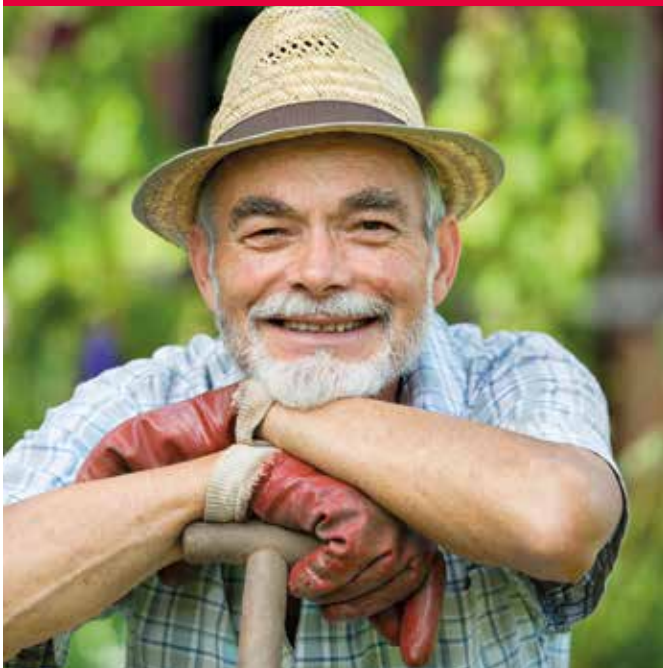


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