

# countynews

CORNWALL FEDERATION OF WOMEN'S INSTITUTES

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### THANKS TO TRURO WI FOR PACKING DECEMBER 2019/JANUARY 2020 COUNTY NEWS

### PUBLISHED BY

Cornwall Federation of  
Women's Institutes

### DEADLINE FOR INCLUSION IN COUNTY NEWS

Items to be sent to the Editor by 12th of the month, two months prior to publication. No late entries can be accepted. Please send *County News* submissions to [cfwi.publications@gmail.com](mailto:cfwi.publications@gmail.com).

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## NOTES FROM THE BOARDROOM



**O**ur Centenary Year is in its final month but it's not quite over yet! We still hope to see you at the Carol Service and our Christmas County Lunches!

Now is the time to reflect on a brilliant Centenary year that all our members supported so enthusiastically, and one that will be remembered for many years to come.

I have many happy memories about Christmas as these were spent with my family. It is the time of year when we did most of the family entertaining. I recall the children's excitement when the Christmas tree was brought home for decorating, as well as the carol services that were held around the county.

As December comes to a close, your sub-committees have organised spring events and the Board of Trustees will be holding a Moroccan-themed buffet lunch at Chy Noweth at the end of January. Do check your *County News* and support the events of interest to you. Have you ever entered the Royal Cornwall Show or a local show? Try putting an entry in – it is very satisfying to receive a prize for your efforts. There are advisers attached to every sub-committee who can answer any questions for you.

I have recently organised one of our Federation Speakers' Auditions Days – I'm always delighted to have the opportunity to meet members at these events. As Programme Secretary of my own WI (Falmouth) I enjoy listening to new speakers. I hope the day helped with your programme planning too.

I thank everyone for a wonderful Centenary Year and wish you a Merry Christmas and a Happy New Year.

- Grace Bradford

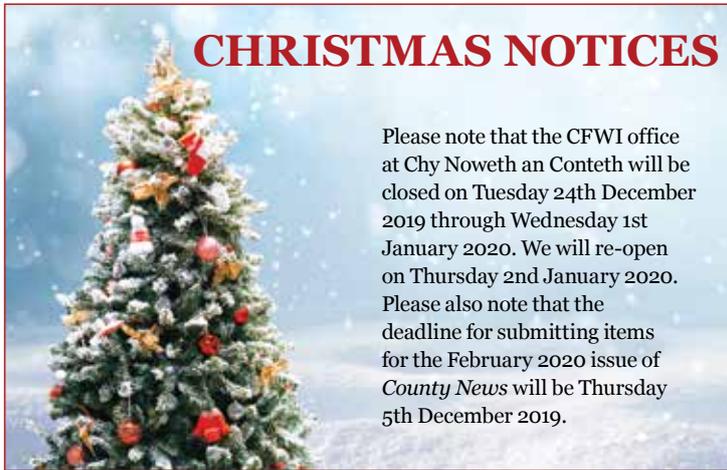
## MEMBERSHIP MATTERS TO ALL

As we approach our Annual Meetings in February and March, we hope that you are all considering the possibility of serving on your WI Committee and perhaps agreeing to have your name put forward to become an Officer. Why not give it a go?



The Membership Support Sub-Committee is organising training sessions on Friday 24th January and Monday 27th January at Chy Noweth an Conteth from 10:30 am to 12:30pm. "Annual Meetings Made Easy" – it's all in the title! These workshops will give you the opportunity to ask questions and pick up ideas to help your Annual Meeting run smoothly. It will also give you the opportunity to meet the WI Advisers who will be coming along to some of your meetings. There will be cake! Details were sent to your WI Secretary with the October issue of *County News*. Even though the closing date has passed, it may still not be too late to reserve a place. Please contact Liz Anderson

## CHRISTMAS NOTICES



Please note that the CFWI office at Chy Noweth an Conteth will be closed on Tuesday 24th December 2019 through Wednesday 1st January 2020. We will re-open on Thursday 2nd January 2020. Please also note that the deadline for submitting items for the February 2020 issue of *County News* will be Thursday 5th December 2019.

## JANUARY BIRTHDAYS

Harrowbarrow & Metherell WI, 55th  
Carmenellis WI, 60th  
Goonhavern & District WI, 65th



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## DIARY UPDATES

### DECEMBER 2019/JANUARY 2020 DIARY DATES

2nd December – Christmas County Lunch  
4th December – Christmas County Lunch  
6th December – Christmas Carol Service  
17th January – New Year Quiz  
24th January – Annual Meetings Made Easy  
27th January – Annual Meetings Made Easy  
31st January – A Taste of Morocco

### DECEMBER 2019/JANUARY 2020 CLOSING DATES

12th December – New Year Quiz  
12th December – Annual Meetings Made Easy  
12th December – A Taste of Morocco  
2nd January – Family History Day

## COVER PHOTO



CFWI Chairman Margaret Johnson and the Board of Trustees wish you and your families the very happiest of Christmases!

# NOTES FROM THE OFFICE

## 200+ CLUB

October winner of £37 – Thelma Hawkey of Goonhavern & District WI

## CHY NOWETH IS NOW A REFILL STATION!



Chy Noweth an Conteth has joined over 23,000 other organisations across the UK to become a Refill Station! We have put up a Refill sticker on the glass door at the front of our building, to let any passers-by know they're welcome to come on in and fill up their water bottle from our tap. This applies to WI members attending events or meetings, as well as our friends in other buildings on the Truro Business Park or who use our car park. We are proud to be part of this project that will help disrupt the current social norm that we need to buy bottled water when 'drinking on the go', and making it normal and easy for people to carry a reusable bottle and refill for free when out and about. If you'd like to know where to pop in to refill your water bottle while you're out and about, all you need to do is download the handy Refill app (available for both Android and iPhone). Then a quick look at your mobile will tell you where your nearest Refill Station is. It couldn't be simpler!

## JERSEY WI SPRING HOLIDAY 6th to 13th May 2020



Visit this lovely island with so much to offer, and attend the 75th anniversary of the Liberation Day. The price is £525 per person for a double or twin-bedded shared room (single £735) and includes guided visits to places of interest. Accommodation at the centrally located Mayfair hotel is on a half-board basis, and travel to/from Jersey is not included. Friends and family are welcome. For more information please email [jerseywi.holiday@yahoo.com](mailto:jerseywi.holiday@yahoo.com)

## SUTTON WI (NORFOLK) MEMBER SEEKS PENPALS



We have had a message from Valerie Hughes, President of Sutton WI in the Norfolk Federation, regarding a pen pal project. Valerie began the project to help link WI members, particularly those who may feel lonely. Valerie suggested the pen pal project for people, like herself, who enjoy writing, those who don't have internet access and those who want to have something more than just bills and circulars coming through the post. The idea was well received and the 'pen pal exchange' has been going for over a year now. *WI Life* published a letter about it in the November/December 2018 issue, and Valerie now averages about 30 requests a month! To participate, simply email Valerie the following details: your name, your postal address, your email address, your age range (18-24, 25-34, 35-44, 45-54, 55-65, 65+), your hobbies and interests, a little bit about yourself and whether you'd be happy to write to an international pen friend. You will then be matched up, given the details of your pen pal and left to start writing letters.

## YEAR BOOK CHANGES

Page 11: Please note there is a new email address for the Secretary of the Floral Art & Gardening sub-committee

Page 33: Cusgarne & Frogpool WI has a new email address: [cusgarneandfrogpoolwi@gmail.com](mailto:cusgarneandfrogpoolwi@gmail.com)

Page 38: Helston WI has a new Treasurer: Rowena Conroy

Page 42: Maker with Rame WI has a new Secretary: Carole Amphlett

## CFWI BOARD OF TRUSTEES AND OFFICERS ELECTED FOR 2019/2020



It is our pleasure to announce that Margaret Johnson of Bodmin WI has been elected as Chairman of the Cornwall Federation of Women's Institutes for the 2019/2020 year. Treasurer is Penny Picton of Illogan WI. Vice-Chairmen are Jane Dover of Truro WI and Helen Kestle of Crowlas & Ludgvan WI. Other members of the Board of Trustees are Grace Bradford of Falmouth WI, Teresa Hancox of Carbis Bay WI, Liz Llewellyn-Jones of Pillaton WI and Pam Selley of Bodmin Gaolbirds WI.

Please join us in wishing them the best for a successful WI year ahead!

## WEST YORKSHIRE WI HOLIDAY AVAILABLE



The West Yorkshire Federation of WIs would like to invite any interested WI members on their holiday in the wonderful county of Yorkshire.

The holiday, by luxury coach, will take you through the beautiful Yorkshire countryside, visiting the Wensleydale Creamery where the famous Wensleydale cheese is made, and Harewood House, the stately home of the Lascelles family, and which has been used as a location on many occasions for films and television dramas and more recently part of the filming of *Downton Abbey* and *Gentleman Jack*. The trip also includes a visit to the historic city of York and the Jorvik Centre. An evening canal boat cruise with dinner is included in the cost of the holiday.

The cost of this coach tour holiday, based on a half-board basis, will be £450 per person sharing a twin or double room (a single room supplement of £100 will apply). For queries, contact the West Yorkshire Federation of WIs on [westyorksfd@gmail.com](mailto:westyorksfd@gmail.com) or on 01132 550810.

## PENWITH LOCAL HISTORY GROUP PUBLISHES BOOK



The Penwith Local History Group has published a book entitled *Growing up in West Cornwall* that members may be interested in. It would make an excellent Christmas present for any Cornish relatives/descendants around the world. The book contains case studies, a surname index and good illustrations of children.

The book documents childhood memories, mostly from the early years of the 20th century, set in the context of institutions that structured the children's lives – the village schools and the workhouse. The book includes people on the threshold of adult life - starting work as an undertaker's apprentice in a spooky situation, and a fisherboy preparing meals for the crew.

The book sells for £10. To place your order, contact Dawn Walker, Secretary, Penwith Local History Group, Morrab Library, Morrab Gardens, Penzance TR18 4DA, or order online at [www.penwithlocalhistorygroup.co.uk](http://www.penwithlocalhistorygroup.co.uk).



**TOBY BUCKLAND'S GARDEN FESTIVAL**  
**Friday 1st May 2020**  
**POWDERHAM CASTLE,**  
**KENTON, NR EXETER**



Add this exciting date to your gardening calendar! Toby Buckland's Garden Festival at Powderham Castle will include west country nurseries, celebrity speakers and practical demonstrations with delicious local food and entertainment in a picturesque location. More than 200 exhibitors will be on hand, with crafts, clothing, tools, garden furniture, etc.

Coach pickups will be at Crowlas, Chy Noweth, Cornwall Services, Bodmin and Launceston. Pickup times to be confirmed at a later date.

**Cost:** £27.50 (to include travel and entry)  
**Closing Date:** Thursday 26th March 2020  
**Further Information:** Pam Selley

**A POSH AFTERNOON TEA**  
**Friday 20th March 2020**  
**CHY NOWETH AN CONTETH**  
**2pm for 2:30pm**



Come and enjoy a special afternoon in fabulous company at Chy Noweth at a posh afternoon tea party.

You'll enjoy lovely food and some surprising entertainment. Dress up for the occasion (hats optional!).

**Cost:** £12.50  
**Closing Date:** Thursday 6th February 2020  
**Further information:** Margaret Johnson

**A BANNER DAY FOR THE WI IN CORNWALL**



On a cloudy Saturday afternoon in September, Truro Cathedral was filled to the rafters with WI members for a service marking our Centenary. The service was preceded by a parade of WI members proudly carrying their banners. The weather was kind to us as the rain held off while the parade of banners processed from Cathedral Green to High Cross and into the Cathedral. Over 600 WI members from all over Cornwall attended the service, which was led by the Dean of Truro. Special guests at the service included Lord Lieutenant Colonel Edward Bolitho and Hon NFWI Treasurer Julia Roberts. We also welcomed representatives from the Avon, Dorset, Gwent and Somerset Federations, as well as seven former CFWI Chairmen. Julia Roberts read a special piece, 'A Reflection', composed by Christine Woolf, a member of St Breward WI. The piece concluded with the inspiring words, "We can look back with pride and joy at the astonishing development of our WI movement in Cornwall, as it flourishes today. This is the last century's gift to us. It is up to each one of us to take this splendid achievement forward, into the next one hundred years." Thank you to all our members who came to the Cathedral and helped to mark this very special day.

**A VISIT FROM OUR GWENT TWINS**



Did you know that the Cornwall Federation is twinned with the Gwent Federation? Over 20 WI members from Gwent came to Cornwall on their Federation holiday in September. CFWI Chairman Margaret Johnson and CFWI Vice-Chairman Helen Kestle were delighted to join the Gwent group for a delicious and sociable meal at their hotel in Newquay. The Gwent holiday-makers joined us – with their Federation banner – for our Centenary Service at Truro Cathedral. Did you meet any of them? They are a lovely bunch. Pictured here are Jill Rundle, Gwent Federation Chairman, and Margaret Johnson, CFWI Chairman.

**LUNCH WITH ROYALTY**



In September, CFWI Chairman Margaret Johnson and two members of the Board of Trustees were honoured to have been asked to cater lunch for a royal guest at the Hall for Cornwall. Our lunch, made up entirely of local Cornish produce, preceded a tour of the building at the Hall for Cornwall for HRH The Earl of Wessex! His personal secretary later told us how much he had enjoyed the meal!



## DENMAN



Why not make it your New Year's Resolution to find out more about Denman or, even better, book yourself onto a course. Brochures and information are available at Chy Noweth an Conteth, online at [www.denman.org.uk](http://www.denman.org.uk) or in *WLife*. Or contact your Denman Ambassador: Kathy Reed

## CHRISTMAS ANAGRAMS

1. MELT STOLEN HOLIDAY
2. PURL BURSTS, ROSES
3. SEEN ME WHITER
4. TRY OUT RAKES
5. ROGER IN CLASS
6. BLUE ABS
7. IF RIGHT, SLAY
8. CALASS AUNT
9. INLETS
10. PRESS TEN

## ANSWERS



1. Holly and mistletoe
2. Brussels sprout
3. Three wise men
4. Roast turkey
5. Carol singers
6. Baubles
7. Fairy lights
8. Santa Claus
9. Tinsel
10. Presents

## COMBINED ARTS

### CFWI PHOTOGRAPHY COMPETITION 2020



The five classes in the 2020 photography competition are: "Architecture", "Flora and Fauna", "Landscape" and "My Favourite Photograph".

There is also a novice class which is also "My Favourite Photograph", for members who have not previously won a first prize in the CFWI photography competition.

**Cost:** £1 per entry, with a maximum number of entries of two per class.

**Closing Date:** Thursday 27th February 2020

**Further Information:** Val Strout

### CFWI CALENDAR 2022

The title for the 2022 calendar is *Cornwall's Wonderful Water*. This can include anything from a garden pond to the ocean, a dripping tap to a full blast hose, a

trickling stream to a wide river – there are limitless opportunities to capture the wonder of water. It's up to you and your camera.

The closing date is October 31st 2020.

Full rules can be obtained from Val Strout



## FLORAL ART AND GARDENING



### WINNING WAYS WITH FLOWERS Monday 30th March 2020 CHY NOWETH AN CONTETH 10:30am-3:30pm

Come and join Edna Trudgeon for one of her popular workshops covering all aspects of competitive flower arranging, whether at local Show level, or something more adventurous! She will cover

Interpretation of Themes, "what the judges look for" tips and hints on how best to make use of garden flowers and especially greenery. Foliage will be the main theme, but also the use of accessories and other extras. Last year this workshop inspired several members to Have a Go at The Show, and one then won the Novice Cup! We can't promise success to

everyone but you will be sure to be inspired, and gain in confidence – we have found that members are much more talented than they realise!

**Cost:** £15  
**Closing Date:** Thursday 20th February 2020

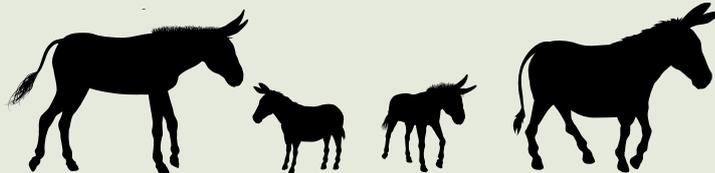
**Further Information:** Abigail Kirby-Harris

## ENVIRONMENT AND PUBLIC AFFAIRS



Pictured here is Combo, one of the donkeys met by WI members on a recent trip to the Flicka Donkey Sanctuary. Combo is flanked by event organiser Hilary and Flicka tour leader Beth. Beth introduced the group to all the donkeys, and most fell deeply in love with at least one. A delicious light lunch in the cheerful café rounded the trip off a treat.

Flicka Donkey Sanctuary, home to over 100 rescued donkeys and horses, is run by a dedicated and friendly team, who very much welcomed the WI's visit as well as the donation of £4 a head – they are always so short of cash, unlike some other wealthier sanctuaries upcountry. If you fancy a visit to Flicka, please note that it's a dog friendly site!



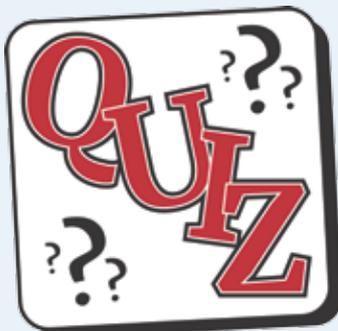
## ACTIVITY AND LEISURE



**FAMILY HISTORY: HOW TO GROW YOUR FAMILY TREE**  
**Friday 14th February and**  
**Friday 13th March 2020**  
**CHY NOWETH AN**  
**CONTETH**  
**10am-4pm**

Have you ever wanted to delve into the fascinating world of family history? Starting with the basics on the first day, the intention is for members to get started on their own trees before the second day, which will be held one month later. This will give us time to see how participants have fared in their quests, discuss any problems encountered and help sort out the wood from the family trees! A number of topics will be covered on each day. Material to take away for reference will be provided.

**Cost:** £36 (for two days)  
**Closing Date:**  
 Thursday 2 January 2020  
**Further Information:**  
 Jane Dover



**NEW YEAR QUIZ**  
**Friday 17th January 2020**  
**LADOCK**  
**COMMUNITY HALL**  
**2pm-4pm**

Please join us for our New Year Quiz and a scrumptious afternoon tea, with tea and coffee available throughout the afternoon. Don't forget to bring a clipboard!

**Cost:** £15 per team of 4  
**Closing Date:**  
 Thursday, 12th December 2019  
**Further Information:**  
 Sandra Buck



**MESSING ABOUT IN BOATS**  
 WI members thoroughly enjoyed September's boat trip on the Helford. The rain held off and the day was a great success! The crew took the boat far up the Helford river in amongst the

moored craft where they saw a variety of birdlife. On the return trip, they had a bonus as they cruised gently around St Mawes harbour before heading off again across the river and back to Prince of Wales Pier in Falmouth.



# ROYAL CORNWALL SHOW



## ROYAL CORNWALL SHOW "VISIONS OF THE FUTURE" 2020 SCHEDULES ROYAL CORNWALL SHOW CUP COMPETITION

(Organised by Combined Arts sub-committee)

WIs are invited to create a staged exhibit reflecting the theme, using their skills and imagination, which must include the following:

1. A modern pastry for the future, which may be sweet or savoury, using whatever you wish. List of ingredients must be provided. Please remember your entry has to last for four days in an open hot and humid marquee. (20 marks)

2. A futuristic floral item using fresh material, to be judged in situ, but which can be created in the marquee or at home. (20 marks)

3. A dressed doll depicting your vision of fashion of the future, any medium. Only clothes to be judged, the doll can be bought or homemade. Chosen craft to be advised in advance, by 30th April 2020. (20 marks)

4. An illustrated limerick on the theme. A copy of the limerick only to be submitted by 30th April 2020. The limerick should be 5 lines and should not show your WI's name. The displayed copy should take into account the humidity in the marquee. (20 marks)

**Further Information:**  
Helen Kestle

## FLORAL ART COMPETITIONS

(Organised by Floral Art & Gardening sub-committee)

1. Wadebridge Cup 56cm x 56cm exhibit - "Nature's Textures"

2. Smale Cup 25cm x 25cm height 37cm max petite exhibit - "Inspired by Nature"

3. Penponds Cup 56cm x 56cm exhibit - "Going Green"

4. Pat Ward Novice Cup 56cm x 56cm exhibit - "Going Green" - Foliage only

**Further Information:** Avril Woolcock

## BARBARA REED TROPHY COMPETITION

(Organised by Home Economics and Craft sub-committee)

1. Make a cover, using a craft or crafts of your choice, for a mobile phone, tablet or laptop.
2. Only one entry per member.
3. All items must be new and fit for purpose and relevant to the theme.
4. All exhibits must be made by the entrant.
5. All entries must be packed in a suitable container and

marked with entrant's name, WI and entry number.

6. A label with the entrant's number must be attached to the item.

7. Entries must be brought to the showground on Wednesday 4th June 2020 between 8am and 12pm, or alternatively can be left at Spring Countdown at the Regal Theatre, Redruth, on Wednesday 22nd April 2020.

8. No entries to be removed until approximately 6:15pm on Saturday 7th June. You are welcome to wait in the refreshment area. After various essential tasks have been carried out, you will be invited to enter the main marquee to collect your entries.

**Further Information:** Alison Gribble

See your WI Secretary for full details and application forms.

**Closing date for all entries:  
Tuesday 31st March 2020**

# WI NEWS

## WILCOVE WI SUPPORTS WOMEN'S CHARITIES



At their September meeting, Wilcove WI finalised a collection of items from members to support women in the UK and in Africa. Smalls for All is a charity that collects bras and underwear to send to various African countries.

Women who wear bras are seen as wealthy and far less likely to be subjected to sexual attacks. Give and Makeup is a UK charity based in Edinburgh that collects makeup and various other feminine supplies to give

to women who have left their homes suddenly due to domestic violence. These women are often in refuges with little to call their own. Well done to the women of Wilcove for supporting such worthwhile causes.

## BODMIN GAOLBIRDS HOST 4-CORNER DAY



Bodmin Gaolbirds WI hosted a second very successful four corner craft day in October at Lanivet Community Centre. Forty-five women from across Cornwall participated and each

chose to complete two of the four Christmas-themed crafts available: A paper-crafted wreath, zentangle Christmas cards, a patchwork Christmas tree decoration and a beaded tree decoration. Homemade soups and cakes were on offer at lunchtime, and complimentary beverages and soft drinks were available throughout the day. By the sound of laughter and chatter emanating from the hall, everyone had a thoroughly enjoyable and productive day! All the crafters went home with at least two completed items. The Gaolbirds' next four corner day is scheduled for 28th March and will have an Easter theme.

## AN APPLE A DAY?



Mermaids: Mylor and Flushing WI members have been very busy - making cider! The first meeting

of the newly formed cider club took place recently at the Cutting Patch in Mylor. There was lots of washing, chopping and mashing and the new "scratter machine" made quick work of grinding the apples into a pulp before the pressing began. Once all the pressing was finished, the Mermaids were ready to cook a hearty lunch of burgers, sausages and beans. Blue skies and sunshine made it a great outdoors event and Social Organiser Fran Michael said, "We will be entering our cider in the Mylor Horticultural and Craft show next year - we're hoping we've produced a winner!"

## PENRYN WI ORGANISES LOCAL SHOW



Penryn WI organised and ran the Penryn town's 'Flower, Produce and Craft Show' this year. Encouragingly, entries were up on the previous year's Show. Forty adults and 11 children exhibited 121 entries ranging from vegetables and flowers to photography and craftwork. The Mayor, Chaz Wenmoth, presenting the prizes, commented on the various displays filling Penryn's Temperance Hall with colour and interest, and congratulated not only the winners but everyone who had 'had a go' and taken part! Winners were: Under 8 years old, Best in Show: Ruby Ellis; 8-14 years old, Best in Show: Lizzy Brown; Adults' Section: Alison Fry first place, Kathryn Hodge second and Margaret Whibley third. Congratulations to all who took part.

## A DAY OUT FOR HELSTON WI



Helston WI had a fantastic day out recently at the SUEZ Recycling and Recovery Centre in Bodmin. The women were given an interesting and informative presentation with lots of opportunity for questions along the way. They were then taken into the warehouse to see exactly what happens to our recycled materials as they were brought in on the lorries. It is well worth a visit, and they all felt much better educated for the time spent there.

## PENGECON WI MAKES USE OF RECYCLED PLANTERS



Pengegon WI members Ann Bird (left) and Ann Haverly (right) are pictured planting up recycled water butt planters with over 100 spring bulbs and wildflower seeds to celebrate CFWI's Centenary. The two planters are in the patio garden at Pengegon Institute and are there for the enjoyment of all users of the hall.

## ST BREWARD WI PRESIDENT BRAVES THE SHAVE



Residents of St Breward village supported a Macmillan coffee morning on 28th September at which Fran Calver, who happens to be the President of St Breward WI, Braved the Shave. About £1,400 was raised. We think she looks stunning!

## PORTHLEVEN WI REACH FOR THE STARS



"We are all made of stardust", a quote by Carl Sagan, opened a fascinating evening at Porthleven WI in October. A speaker from the Cornwall Sea to Stars project, came along to explain why stars shine. Members were given the chance to touch a meteorite and were surprised to learn that their gold jewellery originated in a supernova.

## MAWNAN WI VISITS SHELTER BOX IN TRURO



Shelter Box Visitors' Centre in Truro was the destination for Mawnan WI's September Educational Visit. It's a unique attraction in many ways: it's free and it's about disaster relief. There's nothing like it anywhere in the country. Members were told about how the charity responds to natural disasters and provides shelter for families who have lost everything. There was a chance to examine the boxes which are sent all over the world as well as the opportunity to go in the tents and around the current exhibition. It was inspirational to see the valuable work done by this Cornish charity.

## MILESTONE CELEBRATIONS FOR ST PINNOCK WI



St Pinnock WI was delighted to celebrate their 70th birthday and also to celebrate the 90th birthday of member Helen Hutchings. Another member, Jane Young, gave over her house and gardens for the celebration, making lunch for 20 members. Jane wanted to do this as she had been made so welcome when she first arrived and joined St Pinnock WI.

## CARNON DOWNS KNITTERS CELEBRATE THE CENTENARY



Carnon Downs WI's Knit and Stitch group have been busy celebrating 100 years of the Cornwall Federation by knitting 100 hats for fishermen at the Seaman's Mission; 100 baby coats, bonnets and booties for the Neonatal Unit at the Royal Cornwall Hospital; and 100 heart-shaped cushions for breast cancer patients at St Michaels Hospital in Hayle. Not only that, but 100 games of ten-pin bowling have been played! The Knit and Stitch group has been an ongoing project since 2010.

## ST STEPHEN IN BRANNEL WI CELEBRATES CFWI



St Stephen in Brannel WI held a wonderful garden party in celebration of CFWI's Centenary. WI member Grace Gribble kindly hosted the event in her beautiful garden where cakes, pastries and hats were the order of the day. All the members were pleased the rain held off and they had a wonderful afternoon celebrating the amazing milestone.

### NEWQUAY WI GOES BACK IN TIME

Members of Newquay WI recently took a trip on the horse drawn canal boat at Launceston. Despite the rain, they all had a lovely day out.



### CARBIS BAY WI PLANTS BULBS

To help celebrate CFWI's Centenary, members of Carbis Bay WI planted over 100 bulbs at St Anta Parish Church in Carbis Bay this autumn. What a lovely way to mark a very special year!



### A NEW BANNER FOR CUSGARNE & FROGPOOL WI



Members of Cusgarne and Frogpool WI show off their beautiful new banner.

### TREVENA TINTAGEL WI CELEBRATES CENTENARY



Trevena Tintagel WI celebrated the CFWI Centenary with an event featuring an exhibition of things learnt through the WI and events that have happened in those 100 years. All of their scrapbooks were out on display, and a special cake was made for the occasion. Members, as well as guest WI Adviser Kathy Reed, are pictured here with the cake.

### A 70th BIRTHDAY PARTY FOR ST NEOT WI



Members of St Neot WI celebrated their birthday in style this autumn. CFWI Federation Chairman Margaret Johnson was among the happy revellers.

### BUDE WI MEMBERS DO IT IN STYLE



In September, 60 members of Bude WI had a wonderful treat – their very own exclusive fashion show. This was held at Wroes in Bude, courtesy of directors, Andrea, Ron and Derek Ball. The gorgeous models were all WI members: Ruth Petherick, Julie Grice, Teresa Tibbets, Beryl Vickery, Elizabeth Barker, Margaret Burch, Jeanette Orr and Eileen Harris – plus one surprise model, Eileen's husband, Alan Harris, who was a great sport showing off Wroes range of men's clothes. The evening was in true WI style with coffee, tea and wonderful cakes. Many of the women took the advantage to add to their wardrobe at discounted prices. The directors and staff of Wroes were thanked for a very entertaining evening.

### ST MARY'S ISLES OF SCILLY'S BUSY CRAFT GROUP



Since 2014, St Mary's Isles of Scilly WI's Craft Group has met during the quieter 'off season' from late October to March. Over the years, the women have tried 44 different crafts, occasionally revisiting and building on previously learnt skills. Some projects are one off 'bite-size' sessions; sometimes the group tackles longer lasting craft challenges such as embroidered recycled

denim bags or handmade lampshades. No craft is off limits and members suggest, research and present new ideas for the group to try. Some members lead more sessions than others, but most have taken a turn to teach or organise the group. Every February the craft includes the WI 'Show The Love' campaign, with results being taken back in some form to the whole WI or wider community. In the coming season the aim is to stitch green hearts onto handmade reusable shopping bags to be given away at an awareness raising event. Crafts waiting in the wings for 2020 include paper quilling, macrame, paper-cut lacing, rag-rugging, weaving, ribbon embroidery, glass painting and dream catcher construction.

### CROWLAS & LUDGVAN WI TO HOST FIVE-CORNER DAY



Crowlas & Ludgvan WI will be hosting a five-corner craft day at St Piran's Hall, South Road, Goldsithney on Saturday 7th March 2020 from 9:30am to 3:30pm. Participants will be able to choose two crafts from the following: painting with oils, chicken scratch embroidery, jewellery-making, card-making, and an Easter bonnet pin cushion. Each craft will be a 2 1/2 hour session; painting with oils may be a full day session. The cost for the day is £12.50 with lunch of soup, roll and tea/coffee available for £3.50. Cakes (£1) and drinks will be served throughout the day. There will be a small charge for the craft materials used. The closing date is 7th February 2020. For further details, contact Pat Gloyd

## MEVAGISSEY TWIDDLEMUFFS

Members of Mevagissey WI pose here with 100 twiddlemuffs made by their Knit n' Natter Group for Royal Cornwall Hospital. This project marks the Centenary of CFWI. Well done, Mevagissey!



## POSH GUESTS AT THE ANNUAL COUNCIL MEETING



At the most recent Annual Council Meeting, members of Week St Mary's Bonaventures WI were fortunate to be given a box in the ballot. They decided to "do it in style" and dress up for the occasion. Pictured here are Sue Dyer, Sue Dickenson, Marilyn Reynolds and Christine Heard.

## LUXULYAN & LANLIVERY SUPPORT ROYAL CORNWALL HOSPITAL

Members of Luxulyan & Lanlivery WI decided to knit or crochet 100 blankets for the Neonatal Unit at the Royal Cornwall Hospital. After some marathon needlework sessions, they ended up with approximately 230 blankets to present to the very grateful unit. Pictured here are the members with their blankets.



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**Gordon Rawlins (ex- postman, now running a bicycle repair shop) - severe pain in the balls of feet and toes, bought shoes and custom orthotics. "It's been more than worth it. These shoes and inserts make an enormous difference – I could not do what I am doing without them. My feet used to hurt, now they don't."**



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