

# countynews

CORNWALL FEDERATION OF WOMEN'S INSTITUTES

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December 2020 / January 2021



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## NOTES FROM THE BOARDROOM

## DIARY UPDATES

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### DEADLINE FOR INCLUSION IN COUNTY NEWS

Items to be sent to the Editor by 12th of the month, two months prior to publication. No late entries can be accepted. Please send County News submissions to  
[cfwi.publications@gmail.com](mailto:cfwi.publications@gmail.com).

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I would like to start by wishing you and your families the happiest of Christmases. It's probably not the way you were expecting to spend the holiday, but I hope we all look forward to better times ahead.

I have been thinking back to Christmases past when we would gather as a family, when Mum and Dad would come to spend it with us while the children were small and my Dad would always come into the kitchen whilst I was making brandy butter and constantly tell me that more brandy was needed. He usually got his way – happy days. Christmas has always been important to me, and once my children were grown up it usually started with the young ones bursting through the door from University declaring that Christmas has begun now that Santa's little helpers were here. One year they decorated the cake with snowdrifts and tiny penguins on skis and toboggans sliding down the drifts. If I remember correctly there was even an igloo or two. Sadly, Christmas has changed and doesn't seem to hold the same appeal to me these days but that is another story. It is very sad to think that we won't be able to have our Carol Service or any of our Christmas Lunches this year, but we will make up for our disappointments just as soon as we are able to.

I didn't intend to but I think I have to mention the dreaded Covid. Can you believe that we have been suffering for almost 9 months? Sometimes it seems like forever and at other times it seems hard to believe it has been so long. We wander about in our masks and chunter about those we see wandering about without; we still – being British – diligently queue outside shops, albeit at a

respectable social distance; and we still, if we are being honest, buy that extra pack of toilet rolls or bag of flour just in case. Oh, my. How long will it last? Answers on a postcard please.

Now we are moving towards a new year – 2021. I wonder what that will bring – apart from Brexit but I won't go on about that. Do you make New Year's resolutions? Did you know that the ancient Babylonians are said to have been the first people to make resolutions some 4,000 years ago? I wonder what their wishes included – not to lose weight or to take out a gym subscription and actually use it, I'm sure.

I wish I could promise you all new beginnings for the new year, but we have to have faith, think to the future and focus on the one stable element we all have in our lives – the WI.

We all have to make a tremendous effort to keep going, to support our members in whatever way we can, perhaps small groups of six at a time could meet up for coffee and a chat. Many of us will be gathering around our computer screens to see familiar faces via Zoom and I am sure that if any of you need help with using Zoom we can help. There is always the phone – a friendly call to ask if everything is OK is always welcome. Please make a special effort if you have members living alone or who are unwell; a cheery call can make all the difference. Likewise if you are on your own don't be afraid to pick up the phone and make that call. You can always phone me – I'll talk to anyone!

We on the Board of Trustees are doing our best to come up with ideas for events. Many of them are on hold for now but we are looking to the future very aware that we need to bring the Federation together, so let's hope it is not too long before we can take up our WI lives fully and meet up as and how we would like.

Until then have the best Christmas you can, toast the New Year and stay safe.

With my best wishes,  
- Margaret

### DEC 2020 / JAN 2021

#### DIARY DATES

20 January 2021 – Annual Meetings Made Easy  
22 January 2021 – Annual Meetings Made Easy  
25 January 2021 – Annual Meetings Made Easy

### DEC 2020 / JAN 2021

#### CLOSING DATES

14 December 2020 – Annual Meetings Made Easy  
31 December 2020 – Social Media Competition  
31 December 2020 – Press Competition  
13 January 2021 – Heavenly Greenery/Falmouth  
15 January 2021 – Family History Workshops

### CANCELLED EVENT

Christmas Wreath Workshop

### DECEMBER 2020 BIRTHDAYS

Chacewater WI, 85th  
Lezant WI, 95th  
St Issey & Little Petherick WI, 95th

### JANUARY 2021 BIRTHDAYS

Boscastle WI, 75th  
Treviscoe & Trethosa, 75th



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## COVER PHOTO



Do you remember what Christmas used to be like? Here are members of Pillaton WI carol singing to raise funds for Cornwall Air Ambulance last year. We do hope to get those convivial and jolly times back soon!

## NOTES FROM THE OFFICE

### 200+ CLUB

October winner of £52 – A family member of a member of Cusgarne & Frogpool WI

### WELCOME OUR NEWEST TRUSTEES!

We are delighted to have appointed four new Trustees at our October Annual Meeting. As soon as possible, we're sure you'll be seeing them around Cornwall at various CFWI events. In the meantime, here's a chance for you to read a little bit more about them:



Hello, my name is Liz Baker and I am proud to be a member of Trevone WI, near Padstow. Originally from Kent and after a rewarding career in the NHS, we moved down to Cornwall 13 years ago. I joined Trevone WI in 2015 and I have to say it has been a wonderful experience. So many new friends, opportunities and fun, the support network is amazing.

Also, I now have time to indulge my passion for horticulture and tennis as well as travelling and playing bridge. I look forward to new challenges as a Federation Trustee; I have no doubt there will be plenty! Hopefully I will meet many WI members across the county whilst in this role and also help to promote the WI to the wider public and all that is the best in being part of this fantastic organisation.



My name is Sue Clift and I have been a member of Cusgarne

and Frogpool WI for 47 years. For the past three years, I've served as President. I have been married to Jess for 52 years and have a son and daughter, four granddaughters, two grandsons and we are expecting our first great-grandchild next year. I worked as a hairdresser for 54 years and I still do the hair of a few friends. I live in Bissoe, near Truro. I have always loved being a WI member, and it's been a big part of my life.



I'm Wendy Fiander. I was a library and IT manager at the University of Chester for 18 years before we retired 6 years ago to Millbrook, an area my husband knows well through naval training and family connections. Everyone is very friendly and helpful here and there are lots of opportunities to get involved in a wide range of activities and to be part of the community. It is lovely to have such a variety of beautiful landscape and countryside within the local area. I joined Wilcove WI fairly soon after arriving in Millbrook as a way of meeting more people, and found them to be a strong and vibrant group. I enjoy the speakers, the friendships and the opportunities to learn and be challenged, and I am now their Secretary.

My hobbies are almost all craft-based: sewing, especially upcycling; knitting and crochet; screenprinting; and watercolour painting. In common with most crafters, I think, I have a long list of things I want to do, a lot of unfinished projects and a large 'stash' of things I have saved to use one day! I have enjoyed sharing some skills at our WI 4-corner events.

I feel very honoured to have been nominated as a CFWI Trustee and hope that I can use my professional and personal

experience and skills to help the organisation in whatever ways are needed.



Hello, my name is Mary Thompson (also known as Ellen). I live with my husband Terry and dog in the hamlet of Lamorick which is just outside Lanivet. I'm fairly new here in the South West and I have loved the welcome you have given me. I've been a member of Bodmin Gaolbirds since 2018, although prior to moving here I was a member of Edwalton WI in Nottinghamshire for over 20 years. I'm also a member of Rock Choir where I sing in the basses. I enjoy the challenge of learning new songs and then performing them at gigs such as the Minack theatre. I play walking netball with the Pandas netball team; it's a good fun team sport. Cooking is another pastime and I'm always on the lookout to try out different recipes, especially vegetarian and gluten free baking.

Then there is walking in the countryside, and reading, but perhaps my favourite pastime is watercolour painting. You've probably guessed by now that I'm retired! My son, partner and granddaughter live just a mile away so I enjoy seeing them as often as I can.

The WI has always inspired me with the opportunities it gives. For instance, I was very lucky to be able to attend the Centenary Garden Party at Buckingham Palace followed by the Annual Meeting in the Albert Hall where the Queen was only seven rows away!

If you see me at one of the events we put on, please come up and say hello. I'd love to meet you.

## FEDERATION MATTERS

### FAMILY HISTORY STUDY DAYS

**Friday 26 February and Friday 26 March 2021**  
**CHY NOWETH AN CONTETH**  
**10am-3:30pm**

Two more days learning how to research your family tree are planned for 2021. Your tutor plans to provide information on day 1 which you can then take away to help start your tree before day two. The second day will examine what you have discovered and how to proceed from there.

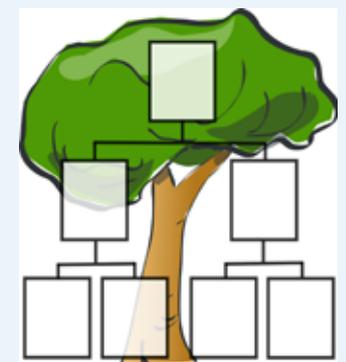
Anyone who has already begun their own research and is hesitant about what to do or where to look to enhance their information will find the days interesting but bear in mind that we will be starting with the basics.

Under current Covid guidelines, we are unable to provide members with lunch or drinks since the kitchen is out of bounds, so you will need to bring your own food and drink.

**Cost:** £26 (for the two day course)

**Closing Date:** Friday 15 January 2021

**Further Information:** Jane Dover



### Christmas Jumble Answers from page 9

- |                  |                   |
|------------------|-------------------|
| 7. Cracker motto | 1. Little Donkey  |
| 8. Sugarplums    | 2. Puss in Boots  |
| 9. Yule Log      | 3. Silent Night   |
| 10. Chestnuts    | 4. Christmas Eve  |
| 11. A Visit from | 5. Stir up Sunday |
| Santa            | 6. Saint Nicolas  |

## MEMBERSHIP MATTERS TO ALL

What a strange year we have had. Just as we hoped that we might be able to resume WI meetings, albeit with strict rules and regulations, along came The Rule of Six and threw us all into disarray again! Fortunately, many of you have still managed to keep in touch with one another, with some holding regular Zoom meetings, and producing your own personal newsletters.

We hope that committees have been keeping in touch regularly, especially Secretaries and those receiving your WI's emails, because you are the lifeline that receives correspondence from CFWI and NFWI as well as from your WI Advisers. *County News* has been back in full circulation since October and helps keep you up-to-date with all that is going in the County.

Hopefully, you have all received your issue of *WI Life* with the shortlist of resolutions for 2021. Please follow the instructions provided for submitting your vote. Details are with your Secretary, or contact your WI Adviser if you are not sure what to do.

We are rapidly approaching the time for our Annual Meetings. Normally you would have been contacted by now to inform you if you were due a visit from a WI Adviser, but we are not in normal times. Please be patient and we will contact you to let you know what is happening when a final decision has been made.

Now that members are not out and about so much through these winter months, we are a long time behind our drawn curtains, so do please look out for one another and keep each other smiling.

With very best wishes for a peaceful Christmas and a happy and healthy New Year.

- The Membership Support Team

## ROYAL CORNWALL SHOW "RENEWING ENCHANTED CORNWALL" 2021 SCHEDULES



### ROYAL CORNWALL SHOW CUP COMPETITION (Organised by Environment & Public Affairs sub-committee)

WIs are invited to create a staged exhibit reflecting the theme, using their skills and imagination, which must include the following:

1. Three individual, identical savoury tartlets, containing protein of choice. Please remember your entry has to last for four days in an often hot and humid marquee. (20 marks)
2. A floral arrangement using bee-friendly, locally-grown flowers and foliage, plastic-free and without the use of Oasis/floristry foam. Accessories may be used. (20 marks)
3. A piece of prose not more than 300 words in length, giving five ideas on 'Renewing Enchanted Cornwall'. The prose to be mounted for display at the Show may be decorated, but a non-mounted text-only copy must be submitted in

advance (not later than 30 April 2021) for prior judging. (20 marks)

4. A wall hanging using recycled materials, any medium. This needs to be removable for judging, so not a backdrop please. (20 marks)
5. A decorated keepsake box made from recycled or salvaged material, any medium. (20 marks)

#### Further Information:

Jude Wood

### FLORAL ART COMPETITIONS (Organised by Floral Art & Gardening sub-committee)

1. Wadebridge Cup 56cm x 56cm exhibit - "Nature's Textures"
2. Smale Cup 10cm x 10cm petite exhibit - "Inspired by Nature"
3. Penponds Cup 56cm x 56cm exhibit - "Going Green"
4. Pat Ward Novice Cup\* 56cm x 56cm exhibit - "Going Green" - Foliage only

#### Further Information:

Avril Woolcock

### BARBARA REED TROPHY COMPETITION

(Organised by Home Economics and Craft sub-committee)

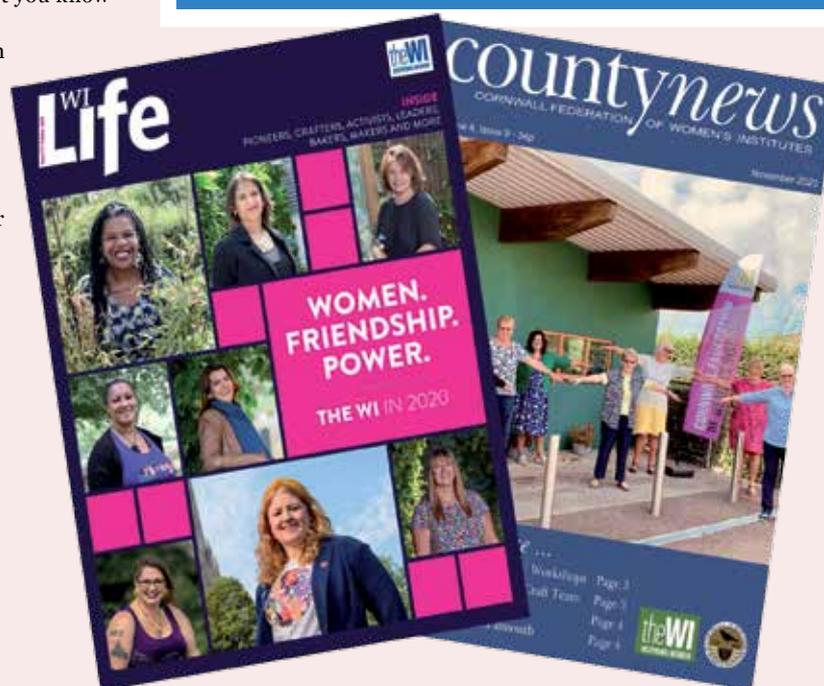
Make a cover, using a craft or crafts of your choice, for a mobile phone, tablet or laptop using recycled materials and reflecting a connection to Cornish life.

1. Only one entry per member.
2. All items must be new and fit for purpose and relevant to the theme.
3. All exhibits must be made by the entrant.
4. All entries must be packed in a suitable container and marked with entrant's name, WI and entry number.
5. A label with the entrant's number must be attached to the item.

#### Further Information:

Alison Gribble

See your WI Secretary for full details and application forms.  
**Closing date for all entries:**  
Tuesday 31st March 2021



## DENMAN



The staff at Denman are currently processing Denman voucher refunds and notice that there are some voucher purchases made by WIs that have not been claimed. If your WI is still holding valid Denman vouchers (i.e., vouchers with an expiry date after 20 March 2020), please contact [finance@denman.org.uk](mailto:finance@denman.org.uk). You will need to provide the voucher number and any bank account details so that the refund can be made by BACS transfer.

**EXPLORE THE MOOR:  
MINIONS WALK  
Thursday 29 April /  
Monday 10 May 2021  
MINIONS  
11am**



Enjoy a guided morning walk and discover some of the history and mystery of this World Heritage site on Bodmin Moor. Your guide will share with you some of the mining and quarrying history of the area and its impact on the environment. This is also an opportunity to see moorland flora and fauna. The free afternoon offers many possibilities such as visiting 'the Hurlers', walking along the Fowey River to Golitha Falls or exploring Caradon Hill.

We will meet in Minions car park to start the walk, with a talk, at 11am. Public toilets are nearby, and Cheesewring pub and local cafes are available for drinks and lunches. The circular guided walk will take about 1 1/2 - 1 3/4 hours. The walk is over very uneven ground so stout footwear and all-weather clothing are recommended. There are no stiles but the walk would not be suitable for any members with mobility concerns. We are offering a choice of dates, and all social distancing requirements and maximum numbers allowed will be adhered to. (For members coming from west of St Austell, we may be able to arrange transport to Minions from a train arriving at Liskeard station by 10:30am.)

**Cost:** £6  
**Closing Date:** Thursday 18 March 2021

**Further Information:**

Anne Fenwick [redacted]  
[redacted]  
[redacted]

**BAKER CUP  
COMPETITION 2021**

The Baker Cup is a biennial competition open to all WIs in Cornwall. It provides a great opportunity for a group of at least four members of your WI to work together, exploring and preparing a report on the chosen subject. The report should contain between 4,000 and 6,000 words, along with any maps, illustrations, etc. appropriate to the topic.

The subject for 2021 is *The Way Forward – Rediscovering Footpaths*. Full guidelines for the competition are available on the CFWI website. The winner will be announced at the 2021 Annual Council Meeting.

**Cost:** £8 per WI  
**Closing Date for Applications:** Thursday 25 February 2021  
**Closing Date for Entries to be Submitted:** Thursday 27 May 2021  
**Further Information:** Anne Fenwick [redacted]  
[redacted] or  
Jude Wood [redacted]  
[redacted]

**RESOLUTION SHORTLIST  
SELECTION MEETING**



By now you will all have seen the resolution shortlist for the coming year. E&PA member Pat Paxton attended the NFWI Resolution Shortlist Selection Meeting as a delegate via Zoom in October. Over 50 resolutions were submitted which are carefully scrutinised by NFWI staff before being viewed by the selection panel. The submissions are then graded

from strongest to weakest. The federation delegates were all sent the resolutions in advance of the meeting and asked to look through them. NFWI chair Lynne Stubbings and Vice Chair Ann Jones conducted the proceedings.

The morning was spent looking at all the proposals, discussing them and voting for the ones to be discussed further in the afternoon. During the afternoon, the delegates were asked for their opinion on the now whittled down list and there was more discussion. Finally, they were able to decide how they wished to vote on each resolution proposal. The result was a shortlist of resolutions which was then further scrutinised by solicitors before you, the members, saw it online and in *WI Life* in November. Now it's over to all of you to read up on the resolutions and vote individually, so please do!

**2019 CENTENARY  
ZIPWIRE FUNDRAISING**

Remember last year when over 100 of us shot over the biomes at the Eden Project on the Hangloose zip wire? We had a lot of fun and raised

over £700 for our partner organisation Clean Cornwall to help in the campaign to get rid of single use plastic. CFWI is a member of the Cornwall Plastic Pollution Coalition, a group of more than 50 environmental organisations, local marine conservation groups, beach cleaning groups and marine science experts, collectively representing tens of thousands of people in Cornwall and beyond. Their number one aim is to raise awareness of the issue of marine litter and plastic pollution around our coastline.

The money we raised will be used to support a current campaign and go towards education around single use plastics and clearing up litter in the environment. Will Paris, Project Manager of Clean Cornwall, said, "We were so touched by the donation and impressed by the determination of the women who completed the zip wire! Thank you so much to everyone involved."



## ANNUAL MEETINGS MADE EASY

**Wednesday 20 January 2021 –  
MILLENNIUM HOUSE, PENSILVA  
Friday 22 January 2021 – CHY NOWETH AN CONTETH  
Monday 25 January 2021 – CONNOR DOWNS WI HALL**



How do you vote at an Annual Meeting, whether you are an officer or not? Even if you have a WI Adviser attending your Annual Meeting, there is still a lot to do to make sure everything – including your election - runs smoothly. These workshops will give you the opportunity to iron out any queries you may have and to gain new ideas. We will also be discussing ways to proceed in the event that your WI needs to meet in person for your Annual Meeting. Unfortunately, we will be unable to provide refreshments unless Covid-19 guidelines change, so please bring your own thermos of tea or coffee.

**Cost:** £8.50 per WI (which can be paid from WI funds)  
**Closing Date:** Monday 14 December 2020  
**Further Information:** Kathy Reed [redacted]  
[redacted]

These workshops will give you the opportunity to iron out any queries you may have and to gain new ideas. We will also be discussing ways to proceed in the event that your

## FLORAL ART AND GARDENING

### HEAVENLY GREENERY Wednesday 24 February 2021 FALMOUTH METHODIST CHURCH 10am-3:30pm



We are all keeping our fingers crossed that by February of next year we will be able to host this

postponed planned event in Falmouth. Elizabeth Doidge will meet us in Falmouth Methodist Church for a further instalment of our Heavenly Greenery series. Elizabeth can offer lots of valuable guidance to all those interested in Floral Art – at whatever level of expertise. We will hope to see lots of you there. Numbers will be reduced because of the need for social distancing. Please bring a packed lunch and your own equipment and materials. You are welcome to take home your own masterpieces, but the chapel would also appreciate and enjoy any which you care to leave there.

**Cost:** £16  
**Closing Date:** Wednesday 13 January 2021  
**Further Information:** Abigail Kirby Harris

### FLORAL ART BACK TO BASICS Thursday 15 April 2021 CHY NOWETH AN CONTETH 10am-3pm



Come and join Edna Trudgeon for an inspiring day of Floral Art! The schedule for the Royal Cornwall Show Cup competition requires the flower arrangement to use no floral foam or other artificial material – so if you wonder how on earth this could be possible, then this workshop is for you! Edna is a qualified NAFAS judge and a

recent winner of Best in Show in the Flower Tent at the Royal Cornwall Show, as well as a great demonstrator. She will create various arrangements without using Oasis, and then you will have the opportunity to create your own arrangements. Full details will be sent to those who have been awarded places. Please bring a packed lunch but we do hope that by the time of the event we will be allowed to offer welcome drinks and biscuits - more details nearer the time and, of course, all Covid-19 guidelines and regulations will be strictly adhered to.

**Cost:** £16  
**Closing Date:** 1 March 2021  
**Further Information:** Avril Woolcock

### WINNING WAYS WITH FLOWERS Thursday 25 March 2021 CHY NOWETH AN CONTETH 10am-3:30pm

Come and join Edna Trudgeon for an inspiring day of Floral Art! Have you ever wondered what on earth a 'theme' meant

or what the judges were looking for? Edna will give us ideas and inspiration – she is a qualified NAFAS judge and a recent winner of Best in Show in the Flower Tent at the Royal Cornwall Show, as well as a great demonstrator! She will have details of the schedules of upcoming shows and competitions, as well as our own RCS competitions of course. Please bring a packed lunch but we do hope that by the time of the event we will be allowed to offer welcome drinks and biscuits – more details nearer the time and, of course, all Covid-19 guidelines and regulations will be strictly adhered to.

**Cost:** £17  
**Closing Date:** 10 February 2021  
**Further Information:** Avril Woolcock



## GREEN CORNER

### CAREFUL SHOPPING TO HELP REDUCE FOOD WASTE

The pandemic has changed the way that we shop, sometimes for the better, sometimes for the worse. One of the biggest problems that we need to overcome is that of food waste. This was highlighted just before the start of lockdown when panic buying was evident, and a lot that was bought eventually got thrown away. In order to avoid waste, it is important to plan ahead. Here are some helpful buying tips:

- Check what you already have and buy only what you need.
- Make a list and try to stick to it. Do you really need that BOGOF deal?

- Store food at the correct temperature (0-5° C in the fridge) and rotate your supplies to use in date order.
- Freeze what is left over and think imaginatively rather than just following recipes.
- Try to keep a stock cupboard of basics that can help you to use up leftovers from previous meals. These could include stock cubes, rice, pasta, tinned tomatoes and different types of beans.
- Keep an eye out for those reduced items in the supermarket, but make sure that you do actually use them up!

And here are some tips for using up leftovers:

- Overripe bananas can be

- used in cakes, smoothies or mixed with other soft fruits in crumbles, pies or puddings.
- Breakfast cereals and biscuits that have lost their 'crunch' can be added to crumble toppings.
- Sour milk or yoghurt makes the best scones!
- Make use of 'free' ingredients – freeze blackberries and windfall apples. Also, apples contain lots of pectin, and apple juice is good for setting strawberry jam.
- Hardened end pieces of cheese and stale bread can be grated and frozen for use as a topping on gratins or in sauces.
- Softer vegetables such as tomatoes can be added to sauces or soups that don't

- require unblemished ingredients. Added spare mushrooms, pieces of leek, squash, aubergine and courgette can be chopped and/or grated to add texture and colour.
- Leftover sauces or soups can be thickened to use in pies to bulk out smaller portions of meat or fish. Leftover fish added to mashed potato/ sweet potato/ squash can make great fish cakes. Add some dried herbs for flavour.
- Pizzas are a wonderful way of using up bits and pieces of vegetables, cooked meat and cheese, and they can be a family-friendly way of preparing a meal.



# Adopting a child is rewarding and life changing



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Together  for Families

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**[www.adoptincornwall.co.uk](http://www.adoptincornwall.co.uk)**

## Worried about another cold, lonely winter? Don't be...

As restrictions on our everyday lives look set to continue throughout the winter, does the thought of darker nights, with limited company make you feel anxious? If the answer is yes, then now is the time to make a change. By moving to a brand new flat, you could leave your worries behind. Churchill flats come with a built in social life, so even during these socially distanced times you'll have *companionship* in the *warmth* and *comfort* of a *safe* environment.

**VISIT US**  
and claim your £20 Marks & Spencer voucher\*

Less than 0.4% of our 10,000+ Owners across the country have tested positive for Covid-19\*, highlighting how well our developments are managed.

### RETIREMENT FLATS FOR SALE

#### Newquay

Perran Lodge, Narrowcliff  
Open Tues to Sat - 10am-5pm

#### Truro

Tregolls Lodge, St Clement's Hill  
Open Tues to Sat - 10am-5pm

#### Penzance

Mount's Bay Lodge, New Town Lane  
Open Tues to Sat - 10am-5pm

Call TODAY to find out more or to book an appointment.

### FREEPHONE

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[churchillretirement.co.uk](http://churchillretirement.co.uk)

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\*T&C's apply. Visit our website to find out more. \*As at 1st October 2020

## A TV QUIZ FOR MAWNAN WI

Mawnan WI members took part in a quiz set by member Pippa to test their memory of TV programmes, past and present. There were a few old classics, but most were current programmes, regularly returning series or well-known one-off dramas. Pippa gave the first letter of each word in the programme title and also the number of letters in each word. So TGL 3,4,4 would give you THE GOOD LIFE. Over a week, participants agonised over the answers with four coming up with all 75 titles! Eighteen members submitted their scores. The winners were Steph, Pauline, Mary and Margaret. Taking advantage of the beautiful weather they gathered in The Square to receive their certificates.



## WHAT'S COOKING IN LADOCK?

Thirteen WI members from Ladock WI, Sticker WI and Atherton WI in Lancashire experimented with their virtual Cook-In on Zoom. The recipe for plum streusel cake was emailed to everyone, ingredients bought and then, armed with mixing bowls and other essential tools, the women baked together. Everyone agreed that it was fun and the pictures assembled an hour later were amazing. There were also a few husbands and partners waiting in the wings, as the cakes were taken out of the oven. The bakers are now waiting for their next session when they will attempt a fruity baked cheesecake.



## THE VALUE OF WI FRIENDSHIP IN PENPOL & POINT

Penpol & Point WI President Helen Gaches recently broke her foot. She would like to share the following in gratitude to all of her WI friends:

### When You Most Need Your WI Friends

When you're out on a walk and break your foot - they're the ones who'll get help and stay with you all day while you get fixed up.

When you live alone - but you're not alone because someone will phone you every day to see what you need.

When you're now in the downstairs bedroom but you've

got no clothes - they'll go upstairs and find some.

When you've ordered a daily newspaper and realise as it comes through the front door that you can't get there - they'll fetch it for you.

When the view out of your window is getting boring because your bird feeders are empty - they'll fill them up again, and deadhead your dahlias while they're at it.

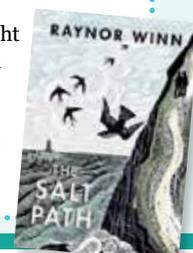
When you can't drive to get your pizza - they will, and stay and eat it with you.

When you've had to cancel your hair appointment - they'll come and give you a home cut.  
When you really need a good friend - they are there for you.



## BODMIN GAOLBIRDS LAUNCH BOOK CLUB

September saw the inaugural meeting of the Bodmin Gaolbirds WI Book Club. In order to keep to the Rule of 6 and social distancing, the group met at The Callywith in Bodmin. Due to some of the invited members being vulnerable, the first meeting saw just three members attending. However they were determined to get the Book Club off the ground, no matter the numbers! The first book selected was *The Salt Path* by Raynor Winn, which gave the members good discussion points. Did they empathise with the author and understand her decision to walk 630 miles with her husband who had been diagnosed with a terminal illness? It certainly gave the women food for thought regarding the plight of homeless people. They discussed the food the book's characters ate en route and wondered how they managed with limited funds available. The members thought about their own life-changing moments, and how they would feel if they lost everything.



### THE TALLEST SUNFLOWER IN MYLOR!

Mermaids: Mylor & Flushing WI members have been busy in their gardens throughout lockdown and the summer and are now enjoying the fruits of their hard work. A sunflower challenge went out to grow the tallest one and proved quite competitive.

The result was close but Lyn Chapman was declared the winner with an amazing 10 foot flower. Congratulations Lyn! Following on from this the next challenge will be to grow a daffodil bulb in a pot, and take a picture for judging. With so many green fingered members, we are sure there will be some beautiful blooms.



### A PICNIC FOR ST NEOT MEMBERS

In September, members of St Neot WI met for a picnic lunch in the village Community Garden, the Doorstep Green. This was their first meeting since the lockdown began in April, and they were lucky to hold it then as the Rule of 6 restriction began the following week. The sun shone on the group, and they all said it was lovely to see and chat to each other.



### FROM AWESOME EIGHT TO SPLENDID SIX - KEEPING THE WI TOGETHER

A tea party on the village playing field in the summer after the lockdown eased now seems such a long time ago. Nearly all the members of Perranarworthal WI managed to attend and, seated in groups, they were so hot they had to sit under the trees. It is a lovely memory of a truly odd summer. Once the regulations changed and as the weather changed too, they were welcomed by the local pub, The Royal Oak at Perranwell, to hold a coffee hour meet-up once a week. Originally a group of eight enjoyed the opportunity for a socially

distanced chat. Each week the invited members changed to try to ensure a different weekly mix and the meetings have continued even though only six are now allowed in a group.

The members are very grateful to The Royal Oak for letting them take over their garden marquee each week.



## CHRISTMAS JUMBLES

Unscramble the anagrams below to find some commonly-used words and phrases associated with Christmas.

1. TINKLE TOY LED
2. SOON SIPS STUBS
3. LISTEN THING
4. SAVE THIS MERC
5. TINY PUSS ADUR
6. SATANIC LIONS
7. CORT MARKET CO
8. MARG PLUS US
9. GOULLEY
10. SUCH TENTS
11. AVAST - A MINI FROST!

*Answers on Page 3*

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## 5 reasons why people put off making a Will

**R**ichard Pollock, Partner in Coodes Solicitors' Wills, Probate and Trusts team, says that people can put off making a Will for surprising reasons.

The reasons why people do not make a Will are complex and wide-ranging. However, a number of my clients say they have put off dealing with their Wills because of difficult or sensitive family situations. Others tell me that their situation is so complicated and unusual that there is no way of dealing with it.

Rest assured, you are not alone – it is highly likely that an experienced solicitor will not only have encountered similar scenarios, but will also be able to recommend the best ways of addressing your situation through sensible estate planning.

It can be a daunting prospect to speak to family members or a solicitor about concerns such as:

- 1 Your surviving spouse or civil partner will remarry/enter into a new civil partnership and disinherit the children**
- 2 An adult child is 'too influenced' by their other half**

- 3 Your son or daughter is terrible with money**
- 4 An adult child will divorce leaving you and/or them financially vulnerable**
- 5 Your successor(s) will wind up the business or family farm**

However, any experienced solicitor will be sympathetic and professional and is unlikely to be fazed by your concerns, having dealt with similar situations many times.

If you are dealing with a difficult family situation, this is in fact a very good reason for seeking professional estate planning advice, rather than avoiding it. Having an appropriate Will in place is one way of taking control and ensuring your inheritance plans reflect your situation and wishes.



For advice on these issues, please contact Richard Pollock in the Wills, Probate and Trusts team at Coodes Solicitors on

**01566 770000**

[richard.pollock@coodes.co.uk](mailto:richard.pollock@coodes.co.uk)  
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