



International Women's Day 2022: Actions for Members

International Women's Day takes place on Tuesday 8th March 2022. The theme for this year is #BreakTheBias. We've outlined a few ways you and your WI can take part this year:

1. Take Part in a Photo Op

As a WI, take a photo in your local area striking the #BreakTheBias [pose](#). If you or your WI took part in creating a banner or pennant flag for last year's International Women's Day, you can also include this in your photograph.

You can share these on social media, using the hashtag #BreakTheBias and tag in The WI's social media handle @WomensInstitute.

You can also contact your local press to let them know your plans as they may be interested in featuring you in an upcoming issue. You can find some helpful advice on contacting your local press and writing a press release on My WI [here](#).



2. Have a go at crafting a 'No More Violence against Women' bracelet

The NFWI Activities team have created an easy-to-make bracelet made from recyclable materials. You could organise a WI meeting to create these and offer them to the general public as a conversation starter. You can also sell them at your local fayre and send the proceeds to your local women's refuge.

You can find step-by-step instructions on crafting the bracelet [here](#).

We are asking members to send a bracelet to your MP and ask them to pledge to support action to end violence against women. We are calling for MPs to support the campaign for the UK to adopt the Istanbul Convention on preventing violence against women. You can find a template letter you can use to send to your MP [here](#).

3. Join a Virtual or In-Person Event

In previous years, NFWI has promoted national marches that WI members may wish to attend. However, due to the Coronavirus pandemic, establishing whether these are planned to go ahead for 2022 has proved difficult. We have outlined a few events below which you may wish to go to if you are local to London and can travel at short notice.

Million Women Rise

We understand that the Million Women Rise march is due to take place on March 5th 2022 but full details have not yet been published. If you are interested in attending the event at short notice please email pa@nfwl.org.uk and we can share any information as we receive it. You can also stay up to date by visiting the Million Women Rise website [here](#).

Care International's March4Women

Every year Care International UK organise the annual March4Women, which takes place around International Women's Day. This year they will be hosting an event in Parliament on 9th March from 1pm-5pm called 'In Conversation with Baroness Liz Sugg and Sarah Champion MP. Segments of the event will be livestreamed and there will be an opportunity to submit questions beforehand. Further information will be shared via The WI's social media and on Care International UK's twitter page (@careintuk).

We'd love to hear about what you or your WI have planned for International Women's Day. Please send us any details of activities you have planned or taken part in, as well as photographs which may be featured in WI Life or on social media. You can email us at PA@NFWI.org.uk