CORNWALL FEDERATION OF WOMEN'S INSTITUTES

SPEAKERS' DIRECTORY

INTRODUCTION

This Speakers' Directory is produced by the Cornwall Federation of Women's Institutes (CFWI). It provides WIs in the Federation with useful information to help them to choose good and effective speakers for their monthly meetings on a wide range of interesting and educational topics.

Potential new speakers frequently approach the Federation. We hold audition days up to two times a year to select new speakers. WI members from across the county attend these days. The WI members appraise the auditions and the Board of Trustees takes full account of their recommendations in deciding whom to accept. If you would like to be considered as a speaker, or if you know someone who does, please contact the Federation Secretary on 01872 272843 or secretary@cornwallwi.org.uk. If you would like to attend a Speakers' Audition Day, the next one is advertised in *County News*.

The Directory is kept up to date on the website. We no longer publish and distribute paper copy of the directory as a matter of course, because it so quickly becomes out of date. Nevertheless, if you would like a paper copy, please contact the Federation Secretary using the details in the previous paragraph.

The Directory is compiled with great care, but CFWI cannot accept responsibility for the contents and reserves the right to make any alterations it may think fit.

If you engage a speaker who is particularly good, please let us know. Similarly, if you are dissatisfied with a speaker from this Directory please contact the Federation Secretary straight away - that way we can help ensure the continued good quality and reliability of our speakers.

IMPORTANT NOTES RE PAYMENTS FOR SPEAKERS

Always confirm fees, expenses, etc., with a speaker before booking, and ask for confirmation in writing or by email of the agreed terms. If no fee is mentioned, it does not necessarily follow that a talk or demonstration is free.

When paying charity speakers or speakers donating their fee to charity, there are two potential scenarios:

1. The speaker raises an invoice for payment by the WI. Here, the WI pays the invoice to the speaker for their services. The speaker may well then pass this on to the charity, but this is not a donation from the WI to the charity but a payment to the speaker for services.

2. The charity raises an invoice for payment by the WI. Here, the WI pays the invoice to the charity for their services. This is not a donation to the charity but payment for services, therefore the charity's charitable objects do not have to be in line with the WI's charitable objects.

If you are paying a non-charity speaker, the speaker must raise an invoice for payment by the WI. The invoice may be in the individual's name or the organisation's name. Here, the WI pays the invoice to the speaker for their services.

If you have queries on this, contact your WI Adviser.

If a speaker wants to sell goods at the meeting, so long as you are happy with that, then he/she may do so provided the speaker donates at least 10% of the total takings to your WI.

HAVING A SPEAKER – A NOVICE'S GUIDE

Make sure you invite your speaker well in advance, either by email or in writing. Ensure the speaker knows the meeting venue location, including any information about parking, and the timetable of the meeting.

Much of your communication will be by email. If you write to a speaker, enclose a stamped addressed envelope.

Always give your speakers a telephone number - preferably the mobile number of one of your WI officers, in case of a last-minute emergency. Ensure you have an emergency number for the speaker on the day too.

Send a reminder to your speaker at least 10 days before the date of your meeting.

Ask the speaker what equipment he/she is bringing and what the WI needs to provide. Check that it is compatible and will operate effectively. Check how long the speaker needs to set up for his/her talk and agree when that will be done.

Agree how the meeting room will be laid out for the speaker.

Agree a time of arrival and how long the speaker will talk, including questions.

Send your speaker a map showing the location of your hall, or direct the speaker to your website, if directions are shown there.

ON THE DAY

Make sure the room is laid out appropriately for the speaker.

If the speaker is coming by car, keep a parking space outside the hall.

Nominate someone to greet the speaker, give him/her a warm welcome and a cup of tea or coffee. Ensure the speaker has everything needed, and make sure there is a glass of water on the table for him/her.

Do see that the speaker is not kept waiting past the agreed time for the talk. The speaker should not be expected to wait long while you finish your business, and he/she may have a long journey home after the talk.

Introduce the speaker correctly (name, job/position, talk title, etc.), even if he/she is known locally or is a WI member.

If the speaker over-runs, judge how the meeting is going and at an appropriate time stand up and indicate politely to the speaker that he/she needs to wind up.

After the talk, thank the speaker, or ask a member to give a short vote of thanks. Always pay your speaker at the time of the talk, not by post later.

IF A SPEAKER FAILS TO COME

If the speaker is late, ring him/her to ascertain the situation and whether you can accommodate a changed arrangement. In case your speaker should fail to come too late for you to contact anyone else (e.g., his/her car may break down on the way to the meeting), always have some ideas in readiness, so that members may enjoy their monthly meeting anyway. Be prepared. Here are a few suggestions:

- Prepare a quiz in advance and keep it for "just in case".
- Have a round-table discussion on WI issues ideas for next year's programme, outings, competitions and social time, or resolutions you would like to see passed.
- Have a Woman's Hour or magazine-type programme, on topical or local issues.
 Prepare a few topics in advance.
- Bring a CD player and have an easy social evening with background music (if your hall or venue holds a music license) over a cup of coffee. Use it as an opportunity for members to mix and have the opportunity for a chat with new or different women - not just the ones they usually sit with.
- Some of your own members might be able to speak about or demonstrate a craft or hobby, or show particularly interesting pictures. Why not ask one or two if they would like do so sometime and keep this list in reserve?
- Is there anyone nearby who would come and speak? Consider contacting your WI Adviser for advice.

AND FINALLY Enjoy your meetings and we hope that this directory helps you make the best of them!

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Please note: Unless specified otherwise, speakers are prepared to talk afternoon or evening, will consider short notice and will travel to all parts of the county.

ART AND CRAFT

Glynn Abrahams

Address: 42 Euny Close, Trevingey, Redruth TR15 3DB

Tel: 01209 218295 The Story of Leather

Fee: £25 / Travel: No charge locally (radius of 25 miles from Redruth only)

For sale by arrangement: Leather craft items

Jennifer Blockley

Address: Highbury House, Egloskerry, Launceston PL15 8SG

Tel: 01566 785410

Email: jenniferblockley@hotmail.com

Making Patchwork Wall Hangings with a Class of Eight-Year-Olds / Working with a School in

Uganda

Fee: £25 / Travel: 24p per mile

Sybilla Davis Designs

Address: 7 Ashdown Close, Sticker, St Austell PL26 7EU

Tel: 01726 63394

Email: sybilla.davis@btinternet.com **Website:** www.sybilladavisdesigns.co.uk

Cross Stitch / Design Your Own Sampler (demonstration of either) / 'How I Started My Cross

Stitch Business / Workshops available: 2-3 hours (£40 plus travel)

Fee: £30 plus travel by arrangement (Rame Peninsula to Perranaworthal)

For sale by arrangement: Cross stitch kits

Alison Gribble

Address: Half Acre Barn, Coads Green, Launceston PL15 7NA

Tel: 01566 786947

Email: alisongribble21@gmail.com *Blackwork / Canvas / Talks or Classes*

Fee: Talks £15 plus travel / Classes: £30 plus travel

Helene Llewellyn

Address: 14 Bassett Street, Redruth TR15 2EA

Tel: 01209 213959

Email: hsllewellyn@btinternet.com

Murano Glass – Venetian Glass Bead Making and Trade Beads / The History of Beads and

Bead-Making from Venice to the Middle East Fee: £40 / Travel: £10 within a 30-mile radius

CHARITIES AND OTHER GOOD CAUSES

Alhzeimer's Society

Teresa Parsons

Address: The Old Chapel, Chacewater, Truro TR4 8QP

Mob: 07540 920302

Email: teresa.parsons@alzheimers.org.uk

Website: www.alzheimers.org.uk

Alzheimer's Society: United against Dementia

Fee: none / Travel: none

Helen Burridge and Christopher Goard

Address: 7 Milton Crescent, Tavistock, Devon PL19 9AL

Tel: 01822 617751 / Mob: 07759 497224

Email: hells_bells1964@me.com

Presentation on hearing dogs for deaf people

Fee: £40 / Travel: 40p per mile or can be negotiated.

East Cornwall, preferable during the day on Monday or Wednesday evenings. Wheelchair

accessible vehicle has rear access ramp.

Cancer Research UK

Sophie Barber, Local Fundraising Manager Address: 5 Well Way, Porth, Newquay TRY 3LR

Tel: 07788 364569

Email: sophie.barber@cancer.org.uk **Website:** www.cancerresearchuk.org

Cancer Research UK / Science Games / Progress in Cancer Research

Fee: none / Travel: none

CHICKS Children's Charity

Mick Ryan

Address: Chicks Coastal Retreat, Barn Park Farm, Well Street, Tywardreath, Par PL24 2QN

Tel: 01726 817913 / Mob: 07525 277984

Email: mick@chicks.org.uk
Website: www.chicks.org.uk

Providing Free Respite Breaks for Disadvantaged Children from across the UK, including

Hundreds from Many Areas of Cornwall

Fee: donation

Children's Hospice (South West)

Address: Little Harbour, Porthpean, St Austell PL26 6AZ

Tel: 01726 871800

Alice Merrett, Community Fundraiser (Cornwall & Isles of Scilly)

Tel: 07500 081981

Email: alice.merrett@chsw.org.uk

Zoe Partridge, North East & South East Cornwall and Plymouth

Tel: 07500 081971

Email: zoe.partridge@chsw.org.uk

Website: www.chsw.org.uk

The Life and Work of Children's Hospice South West

Fee: none / Travel: none

For sale by arrangement: Small promotional items

Cornwall Air Ambulance Trust

Gemma Collins, Community Fundraising Officer **Address:** Trevithick Downs, Newquay TR8 4DY

Tel: 01637 889926

Email: enquiries@cornwallairambulancetrust.org **Website:** www.cornwallairambulancetrust.org/ *Cornwall Air Ambulance: What, Why and How* **Fee:** none (donations welcome) / **Travel:** none

For sale by arrangement: Merchandise available on occasion

Cornwall Blood Bikes

lan Butler, Fundraising Manager, Media and PR

Address: Amytree Cottage, Amytree, St Mellion, Saltash PL12 6RX

Tel: 01579 384418 / **Mob:** 07925358379 **Website:** www.cornwallbloodbikes.org **Email:** fundraising@cornwallbloodbikes.org

The Operations, Organisation and Volunteers of Cornwall Blood Bikes

Fee: donation / Travel: donation

Cornwall Hospice Care

Judy Lawton/Clare Bray; Paul Jones, Trusts & Legacy Officer

Address: Cornwall Hospice Care, St Julia's Fundraising Office, Foundry Hill, Hayle TR27 4HW

Tel: 01736 755770 / Mob: 07974 997560 Email: jlawton@cornwallhospice.co.uk Website: www.cornwallhospicecare.co.uk

Fee: none / Travel: none

Cornwall Wildlife Trust

Tom Shelley

Address: Five Acres, Allet, Truro TR4 9DJ

Tel: 01872 273 939

Email: info@cornwallwildlifetrust.org.uk **Website:** cornwallwildlifetrust.org.uk

Badgers / Beavers / Conservation / Reserves/ Marine Life

Fee: £50 donation / Travel: donation

Ellie's Haven

Nigel Libby

Address: Ellie's Haven, Duloe, Liskeard PL14 4PW

Tel: 01503 264230

Email: info@ellies-haven.org.uk **Website:** ellieshaven.org.uk

Ellie's Haven: Who We Are and What We Do

Fee: donation / Travel: none

Fishermen's Mission

Julian Waring, Regional Fundraising Manager

Address: Fishermen's Mission, c/o Central Methodist Church, 42 Coinagehall Street, Helston

TR13 8EQ

Tel: 07917 754349

Email: julianwaring@fishermensmission.org.uk

Website: www.fishermensmission.org.uk

The History of the Charity, its Aims and Objectives and how Those Practical Aims are Delivered around the 49 Ports and Coves of Cornwall / Looking after Fishermen and Their

Families, Both Active and Retired
Fee: donation / Travel: donation

Guide Dogs for the Blind

Address: Suite 2 Chiltern House, Matford Court, Sigford Road, Exeter EX2 8NL

Tel: 08453 727407

Email: exeter@guidedogs.org.uk **Web:** www.guidedogs.org.uk

Guide Dogs and Living with Sight loss

Fee: donation / Travel: By arrangement

iSight Cornwall

Carole Theobald, Director of Operations and Deputy Chief Executive

Address: The Sight Centre, Newnham Road, Truro TR1 2DP

Tel: 01872 261110

Email: ctheobald@isightcornwall.org.uk **Website:** www.isightcornwall.org.uk

The Work of iSight Cornwall

Fee: by arrangement / Travel: none

Macmillan Cancer Support

Emma Wright, Fundraising Manager

Tel: 07834 192247

Email: emwright@macmillan.org.uk *Talk on Macmillan Cancer Support*

Fee: none / Travel: none

Marie Curie

Lynda Thomas

Address: 3 Green Street, Truro TR1 2LH

Tel: 01872 260500

Email: lynda.thomas@mariecurie.org.uk

Website: www.mariecurie.org.uk

The Services Provided by Marie Curie (20-minute talk plus question time)

Fee: By arrangement / Travel: By arrangement

Mercy Ships

Kay Rouse

Address: Mercy Ships HQ, Unit 12, Meadway Court, Stevenage, Herts. SG1 2EF

Tel: 01438 727800

Email: rousebabe@yahoo.co.uk Website: www.mercyships.org.uk

Mercy Ships

Fee: donation only / Travel: none

Samaritans

Address: 19 Treyew Road, Truro TR1 2BY

Tel: 01872 277277

Email: trurosamaritans@gmail.org **Website:** www.samaritans.org

Work of the Samaritans

Fee: By arrangement / Travel: By arrangement

Surfers Against Sewage

Katie Eddie, Community and Events Fundraising Manager **Address:** Unit 2, Wheal Kitty Workshops, St Agnes TR5 ORD

Tel: 01872 555947 / 01872 553001

Email: katie@sas.org.uk
Website: www.sas.org.uk

Surfers Against Sewage: Protecting the Beaches for All

Fee: none / Travel: none

COOKERY AND HOME ECONOMICS

Jane Hanscomb

Address: Tor View, Limehead, St Breward, Bodmin PL30 4LU

Tel: 01208 850806

Email: jane.hanscomb@outlook.com

Herbs and Spices: Cooking, Medicinal and Cosmetic Uses (History, Lore and Magic)

Fee: £25 / Travel: 30p per mile (30-mile radius of St Breward)

Jane Mills

Address: Bar View, 6 Treeve Lane, Connor Downs, Hayle TR27 5BN

Tel: 01736 752680

Email: millsjane@hotmail.co.uk

Cold Desserts / Instant Dishes for Reluctant Cooks / Easy Summer Eats / A Christmas Tea

Fee: £30 (inclusive of ingredients) / Travel: 25p per mile

Wiltshire Farm Foods

Address: Aqua House, 23 Tregoniggie Industrial Estate, Falmouth TR11 4SN

Tel: 01326 378444

Email: cornwall@wiltshirefarmfoods.co.uk **Website:** www.wiltshirefarmfoods.com

Frozen Food Delivery Service
Fee: none / Travel: none

CORNWALL

Bert Biscoe and Pol Hodge

Address: 3 Lower Rosewin Row, Truro TR1 1EN

Tel: 01872 242293

Email: bertbiscoe@btinternet.com

Dew Vardh (Dow Varth): Two Poets, Original Poetry, Songs and Dialect in Cornish and

English

Fee: £30 / **Travel:** modest contribution plus tea **For sale by arrangement:** Small range of books

Margaret Blight

Address: Tremarden, 41 Carlyon Road, St Austell PL25 4LL

Tel: 01726 67217

Cornish Humorous Tales and Verse / Different Aspects of Art

Fee: none / Travel: Transport required (5-mile radius of St Austell)

Howard Curnow

Address: An Gernyk, St Hilary Churchtown, Penzance TR20 9DQ

Tel: 01736 710116

Email: howard@hcurnow.plus.com

Protecting the Wildlife of Cornwall (The Work of Cornwall Wildlife Trust over 50 years) / Why is Cornwall so Different? A Brief History / The Cornish in America / The Cornish in Australia

Fee: £35 / Travel: By arrangement

Dean Evans

Address: 44 Polmennor Road, Falmouth TR11 5UX

Tel: 07588 711936

Email: dean.evans5@gmail.com *The Passmore Edwards Legacy*

Fee: £25 to be donated to charity / Travel: £5 if east of Bodmin or west of Penzance

For sale by arrangement: Copies of book *The Passmore Edwards Legacy*

Friends of Truro Cathedral

Mary Prior

Address: Cathedral Office, Old Cathedral School, Cathedral Close, Truro TR1 2FQ

Tel: 01872 276782

Email: info@trurocathedral.org.uk

Website: www.friendsoftrurocathedral.org.uk/

Truro Cathedral
Fee: £25 / Travel: £5

Geevor Tin Mine

Clint Hosking, Learning Team Manager

Address: Geevor Tin Mine, Pendeen, Penzance TR19 7EW

Tel: 01736 788662

Email: learning@geevor.com **Website:** www.geevor.com

From Rock to Tin: A Brief History of Cornish Mining / Geevor's Diaspora / Arranged visits to

Geevor are welcome.

Fee: £50 for talks as far as Truro; generally unable to travel further (if so, fee would be £80)

/ Travel: none

Priscilla George

Address: The Annex, Jacaranda, Bucketts Hill, Redruth TR16 6RW

Tel: 07724 157755

Email: priscillageorge115@btinternet.com

Various Walks around St Ives and Other Locations / Talks of St Ives / General Cornwall /

World Heritage Sites

Fee: £50 / Travel: 25p per mile if over 25 miles

Lynn Goold

Address: 16 Park Road, Fowey PL23 1ED **Tel:** 01726 832580 / **Mob:** 07971 562719

Email: lynnmgoold@gmail.com

Talks and Guided Walks: Daphne du Maurier's Cornwall / Fowey: Its History and Heritage / Literary Connections and Fowey / Kenneth Grahame's 'The Wind in the Willows' / The Way of St James (The Culture of the Route to Santiago de Compostella)

Fee: £50 for walks / Walks: By arrangement but £50 for maximum of 2 hours for minimum of 10 people; additional persons £2.50 to a maximum of 20 persons / **Travel:** 30p per mile

Des Hannigan

Address: Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

Tel: 01736 788643

Email: trevowhan@aol.com

A Travel Writer's Life / The Almost Island: Cornwall's Coast and Sea / The Ups and Downs of

News Journalism

Fee: £50 / Travel: Depending on distance

For sale by arrangement: Copies of the speaker's books The Almost Island and The Long

Deep

Muriel (Moe) Keast

Address: 12 Tregullan View, Bodmin PL31 1BH

Tel: 01208 75818

Email: moe.keast@gmail.com

Cornish Years (including writings of Anne Treneer) / Chasing the Tails / Tales of Cornwall (all

talks include Cornish tales and songs)
Fee: £45 / Travel: By arrangement

Geoff Provis

Address: 18 Highfield Park Road, Launceston PL15 7DY

Tel: 01566 775820

Email: geoffprovis@hotmail.co.uk

The Fishermen of Port Isaac / The Seafarers of Port Isaac

Fee: By arrangement / Travel: By arrangement

For sale by arrangement: Books

Vivienne Robinson (Blue Badge guide)

Address: Farm View, Lower Ninnis, Vogue, St Day, Redruth TR16 5HB

Tel: 01209 821295

Email: vivienner@btinternet.com

Heritage Walks and Talks (Cornish Towns) / Poldark's Truro Walk / Poldark's Cornwall Talk / Tales of Hayle Walk & Talk / Great Flat Lode (World Heritage Site mining area) Walk & Talk

Fee: Talk £70 / Walk POA / Travel: 45p per mile

Available October-June

Trevor Smitheram

Address: Penpol Vean, Hayle TR27 4NN

Tel: 01736 756793

Email: trevor.smitheram@btopenworld.com

Hayle History Brought to Life, Donkey Sanctuary, Dialect Stories

Fee: donation / Travel: donation

COUNTRYSIDE, FARMING AND THE ENVIRONMENT

Tina Bessell

Address: Cornish Lavender, Great Carnbargus Farm, Perranporth, TR6 0JF

Tel: 07425 448574

Email: cornishlavenderfarm@gmail.com

Creating a Cornish Lavender Farm (After a Career in the RAF and then as a Radio Presenter on Pirate FM) / How to Grow, Propagate, Harvest, Distil and Prune Lavender / How to Cook with Lavender / Cream Teas and Lavender Talk at our Farm, Late May to mid August.

Fee: For talks, £50-£70, for visit to farm £10 per head, including lavender cream tea.

Travel: 45p per mile.

David Chapman

Address: 41 Bosence Road, Townshend, Hayle TR27 6AL

Tel: 01736 850287

Email: david@davidchapman.org.uk Website: www.davidchapman.org.uk

Wildlife of Cornwall / Birds of Cornwall / Wild about Cornwall / Cornwall's Seasons

Fee: £45 / Travel: Dependent on distance For sale by arrangement: Books and cards

Cornwall Wildlife Trust

Tom Shelley

Address: Five Acres, Allet, Truro TR4 9DJ

Tel: 01872 273 939

Email: info@cornwallwildlifetrust.org.uk **Website:** cornwallwildlifetrust.org.uk

Badgers / Beavers / Conservation / Reserves/ Marine Life

Fee: £50 donation / Travel: donation

Kate Doran

Address: 11 Glendale Crescent, Mount Hawke, Truro, Cornwall TR4 8DP

Tel: 07951 448502

Email: flotsamflo@yahoo.com

How to Use Plastic Waste Sustainably / My Inspiration

Fee: £40 / Travel: 45p per mile

Ideally 15-20 miles radius from Truro, but will consider travelling further.

Richard Haycock

Address: Level 3A, Pydar House, Pydar Street, Truro TR1 1XU

Tel: 01872 322178

Email: rhaycock@cornwall.gov.uk *Waste and Recycling in Cornwall*

Fee: none / Travel: none

Pippa Stilwell

Address: Garth an Gear, Newmill, Penzance TR20 8UT

Tel: 01736 332618

Email: both.stilwells@btinternet.com

Climate Change

Fee: £25 / Travel: 15p per mile

Wendy Winstanley

Address: Miome, Short Cross Road, Mount Hawke, Truro TR4 8DU

Tel: 01209 899620 / **Mob:** 07842 380576 **Email:** wendywinstanley@hotmail.com

Website: www.ravenswellcornwall.weebly.com

Ravenswell Supporting Wildlife

Fee: £45 / Travel: No charge under 10 miles

For sale by arrangement: None, but would like to bring donation bucket

Will bring owl and possibly other animals

FINANCIAL PLANNING

Joanne (Jo) Warwick

Address: Flat 4, 18 Pentire Avenue, Newquay TR7 1PB

Tel: 07711 719409

Email: jo.warwick@honeylegal.co.uk **Website:** www.honeylegal.co.uk

The Cornerstones of Estate Planning: Legally Protecting and Empowering You and Your

Family for the Future
Fee: none / Travel: none

Kerry Woodcock

Address: 23 Lamb Park, Par PL24 2DR **Tel:** 01726 825046 / **Mob:** 07977 939183

Email: kerry@horizonep.co.uk

Website: legacylegal.co.uk/horizonep

Estate Planning: Wills, Trusts, Powers of Attorney and Funeral Plans

Fee: £25 / Travel: 40p per mile

GARDENING AND FLORAL ART

Ken Gilmour

Address: Poltreen House, Coombe Lane, Treneere, Penzance TR18 3HR

Tel: 01736 364121

Starting an Allotment / A Year with the Bees and Beekeeper

Fee: £30 / Travel: none

Elizabeth Reeves

Address: 117 Eglos Road, Shortlanesend, Truro TR4 9DR

Tel: 01872 241489

The Plant Hunters / Alpines for Every Garden / Easy-Care Small Gardens / Herbs / Plants for Winter Colour / Growing Plants in Containers / Coastal Gardening / Gardens and Gardeners of the Commonwealth War Graves Commission / Climbers and Wall Shrubs / Totally Tropical

Fee: £45 / Travel: 25p per mile (within one hour's drive from Truro)

Mike Stephens

Address: Bracken Heights, Darite, Liskeard PL14 5JH

Tel: 01579 345675

Email: miketheplantsman@gmail.com

Various talks on plants and gardening, accompanied by slides

Fee: £30 / Travel: By arrangement For sale by arrangement: Plants

Pat Ward

Address: Poltisko, Silver Hill, Perranwell Station, Truro TR3 7LP

Tel: 01872 863300

Email: patfward@hotmail.com

One Garden: Four Seasons / Gertrude Jekyll Country / Garden Visitors: Welcome and Unwelcome / Gardens of the Cotswolds: Lake District or South Coast / Boconnoc: Cornwall's Ancient and Unique Estate / Photographic Quiz / Plants: Where on Earth Have They All Come

From?

Fee: £35 / Travel: 30p per mile

HEALTH, BEAUTY AND LIFESTYLE

Paul Adkins

Address: Highgrove House, Truro TR4 9NH

Tel: 01872 274774

Email: paul@positiveacupuncture.co.uk **Website:** www.positiveacupuncture.co.uk *Looking Good, Feeling Good: Acupuncture*

Fee: £25 / Travel: £10 for 50-mile radius of Truro

Trish Brock-Morgan

Address: Trecarne House, Penhale Grange, St Cleer, Liskeard PL14 5EB

Tel: 01579 343543 / Mob: 07950 262682

Email: trish@trecarnehouse.co.uk

Aloe Vera: The Plant of Life, Yesterday, Today and Tomorrow / Detox and Weight Loss / Skin

Care and Cosmetics / Animal Care and Welfare

Fee: £30 / Travel: By arrangement

Barry Cole

Address: 18 Rainyfields, Padstow PL28 8EZ

Tel: 01841 532684

Email: joey2006@talktalk.net

The Training of Paramedics in the London Ambulance Service / History of Fraternal Societies

Fee: By arrangement / Travel: none, within 30-mile radius of Padstow

Mairi Dowlen

Address: Kerns House, Threemilestone Industrial Estate, Truro TR4 9LD

Tel: 01872 224011

Email: info@lifestylechiropractic.co.uk

Website: http://www.lifestylechiropractic.co.uk *Posture and Health: Your Guide to Healthy Habits*

Fee: none / Travel: 40p per mile

Beatrice Dyer

Address: Penventinnie, Kenwyn, Truro TR4 9EG

Tel: 01872 273329 / Mob: 07855 285645 Email: dyerpenventinnie@btinternet.com

The Work of the Friends of Royal Cornwall Hospital

Fee: donation / Travel: by arrangement

Sharon Eustice

Address: Truro Health Park, Infirmary Hill, Truro TR1 2JA

Tel: 01726 873095 / Mob: 07798 696045

Email: sharoneustice@nhs.net
Continence: Bladder Health
Fee: £40 / Travel: none

Paula Fairweather

Address: 3 Roscarrick Villas, Carwinion Road, Mawnan Smith, Falmouth TR11 5JG

Tel: 07582 892434

Email: paula@mindfulnesscornwall.co.uk / vici@mindfulnesscornwall.co.uk

Website: www.mindfulnesscornwall.co.uk

Introduction to Mindfulness

Fee: Depends on number attending

Deanne Greenwood

Address: Mill Mehall, St Keverne, Helston TR12 6PX

Tel: 01326 281319

Email: deannegreenwood@me.com
Website: www.deannegreenwood.com
Herbal Medicine: Back to the Future
Fee: negotiable / Travel: By arrangement

Lucia Johns

Address: 2 Tecarrack Road, Camborne TR14 7UQ

Tel: 01209 719273

Email: ogomezforero@gmail.com

What Depression Really Is

Fee: £40 / Travel: £10 within 30-mile radius of Camborne

Pam Luker

Address: 29 Bonython Road, Newquay TR7 3AW

Tel: 01637 870548

Email: pamullola@btinternet.com

The Bowen Technique

Fee: £25 / Travel: 40p per mile if over 5 miles (within 20-mile radius of Newquay)

Tracey Moys

Address: 15, The Shrubberies, Porthleven Helston TR13 9FG

Mob: 07763 672971

Email: tracey.moys@houseofcolour.co.uk **Website:** www.houseofcolour.co.uk

House of Colour: The Transformative Power of Colour and Style / Dressing for Success

Fee: £60 / Travel: 50p per mile if over 12 miles (prepared to speak in south Cornwall – south

of Truro/Mevagissey)

Jayne Price

Address: Kernow Carers Service, Cornwall Rural Community Charity, 2 Prince's Street, Truro

TR1 2ES

Tel: 07968 605325

Email: jayne.price@cornwallrcc.org.uk

Cornwall Carers Service: Supporting Carers in Cornwall

Fee: none / Travel: none

Jane Richardson

Address: 4 Salter Close, St Martin, Looe PL13 1FE

Mob: 07713 031806

Email: jane_richardson@icloud.com

Medical Detection Dogs

Fee: £50 donation to charity / Travel: none

Deborah Slater

Address: Keheren Therapy, Woodbine Farm, Truro Business Park, Truro TR3 6BW

Mob: 07943 630148

Email: debbie@keherentherapy.co.uk

The Physical and Psychological Benefits of Massage for Health and Wellbeing

Fee: none / Travel: none

Naomi Smith / Ellie Christie

Address: Pendeen, West Trewirgie Road, Redruth TR15 2TJ

Tel: 01209 314337 / Mob: 07880 503548 Email: ellie.christie@weleda-advisor.co.uk

Website: www.weleda.co.uk

Weleda: The Original Health and Wellbeing Company

Fee: £15 / Travel: none within 20-mile radius

Peter Smith

Address: The Barn, Grenna Lane, Perranwell Station, Truro TR3 7LN

Tel: 01872 870801

Email: pcksmith@talktalk.net

Homeopathy: Healthy Medicine for People of All Ages / Gentle Muscle Release: Regaining

our Flexibility Painlessly / Jin Shin Jyutsu: Japanese Healing Art

Fee: £30 / Travel: £5 per 40 miles, Bodmin to Penzance

(afternoons or evenings by discussion; may be available at short notice)

Anne Thomas, CEO Cornwall Care

Address: Cornwall Care House, Truro Business Park, Threemilestone, Truro TR4 9NY

Tel: 01872 261787

Website: www.cornwallcare.com Cornwall Care: We Care for Cornwall

Fee: none / Travel: none

Brian Tregunna

Address: Stephney Farmhouse, Budock Water, Falmouth TR11 5DZ

Tel: 07856 571163

Email: tregunnalifecoaching@gmail.com *The Best Me: Mental Wellbeing for Women*

Fee: None / Travel: £10-£20, depending on location

I have my own published life coaching book and a series of self-help booklets that people

can buy if they wish.

Wadebridge Laughter Club

Kathy West and Gemma Crook

Address: Kenna Park, Gonvena Hill, Wadebridge PL27 6DH

Tel: 07970 965394

Email: wadebridgelaughter@gmail.com

Laughter Yoga

Fee: £50 / Travel: £10 if over 30 miles from Wadebridge

Christine Wallach

Address: 18 Hawksdown View Seaton, Devon EX12 2BJ

Tel: 01297 23701 / **Mob:** 07957 432679 **Email:** christine.wallach@btinternet.com

Hereditary Disease and the Dilemma for Parents

Fee: £75 / Travel: none

Ella Walsworth-Bell

Address: Lowarren, Marlborough Avenue, Falmouth TR11 2RW

Tel: 07979 928617

Email: seaswimmerspoetry@gmail.com *Morvoren:* the poetry of sea swimming **Fee:** £40 / 45p per mile or public transport

We have a small book stall and would be happy for a WI to claim 20% commission for any

books sold.

HISTORY

Barry Cole

Address: 18 Rainyfields, Padstow PL28 8EZ

Tel: 01841 532684

Email: joey2006@talktalk.net *History of Fraternal Societies*

Fee: By arrangement / Travel: none for 30-mile radius of Padstow

Geevor Tin Mine

Clint Hosking, Learning Team Manager

Address: Geevor Tin Mine, Pendeen, Penzance TR19 7EW

Tel: 01736 788662

Email: learning@geevor.com **Website:** www.geevor.com

From Rock to Tin: A Brief History of Cornish Mining; Geevor's Diaspora. Arranged visits to

Geevor are welcome.

Fee: £50 for talks as far as Truro; generally unable to travel further (if so, fee would be £80)

/ Travel: none

Guy Haskell

Address: W.H. Lane & Son, Jubilee House, Queen Street, Penzance TR18 4DF

Tel: 01736 361447

Email: guy@whlane.co.uk
Website: www.whlane.auction
Auctions, Art and Antiques
Fee: £20 / Travel: 45p per mile

Dr Michael Haywood

Address: 6 Henscol Vale, Liskeard, Cornwall PL14 6LZ

Tel: 07966 757318

Email: mike@mikehaywoodart.uk

The Voyage of the Mayflower in 1620...The Myths and the Reality / Aspects of the Inequality of Women Through the Ages / The History of the Mirror... the Invention that Changed our

Perception for Ever

Fee: £45, plus £5 to provide a digital projector and screen / Travel: Dependent on

circumstances

Kristin Hunt

Address: Long Rock, Freathy, Whitsand Bay, Torpoint PL10 1JW

Tel: 01752 823051 **Email:** kristin@f2s.com

Mummies and Magic in Ancient Egypt / Women in Ancient Egypt / Tutankhamun and His

Time (all with slides)

Fee: £40 / Travel: 25p per mile

Lucia Johns

Address: 2 Tecarrack Road, Camborne TR14 7UQ

Tel: 01209 719273

Email: ogomezforero@gmail.com

How Civilians are Building Peace in Colombia

Fee: £40 / Travel: £10 within 30-mile radius of Camborne

Elizabeth Reeves

Address: 117 Eglos Road, Shortlanesend, Truro TR4 9DR

Tel: 01872 241489

The Plant Hunters / The War Graves
Fee: £45 / Travel: 25p per mile

Lesley Robinson

Address: Gandria, Greenwith Road, Perranwell Station, Truro TR3 7LT

Tel: 01872 870323

Email robinsjhn@aol.com

Extracts from the Diary of a 19th Century Lady / Further Extracts from the Diary of a 19th Century Lady / Concluding Extracts from the Diary of a 19th Century Lady / Food, Furbelows and Etiquette / Fashion Ephemera: Desirable Accessories in the 1800s / Fashion Trends: How Do They happen? / The Great Wardrobe: Unlocking the Image of Elizabeth / Going for a

Song: An Evening Identifying Antiques (supplied by speaker)

Fee: £43 / Travel: 25p per mile

Trevor Smitheram

Address: Penpol Vean, Hayle TR27 4NN

Tel: 01736 756793

Email: trevor.smitheram@btopenworld.com

Hayle History Brought to Life, Donkey Sanctuary, Dialect Stories

Fee: donation / Travel: donation

Susan Symons

Address: The Old Rectory, St Just in Roseland, Truro TR2 5JD

Tel: 01326 79048 / Mob: 07802 868886 Email: susansymonsbooks@gmail.com Website: www.susansymons.com

The Colourful Personal Life of Queen Victoria (talk in 3 parts: Young Victoria, Victoria and Albert and The Widowed Queen) / Schloss: The Fascinating Royal History of German Castles

and Palaces

Fee: £40 / Travel: 45p per mile (within a 35-mile radius of Truro)

THEATRE, MUSIC, ART, DANCE AND LITERATURE

Rosemary Aitken

Address: Peranswood, Tredrea Gardens, Perranworthal, Truro TR3 7QG

Tel: 01872 870042

Email: raitken@wyenet.co.uk

People Don't Change Much: Experiences of an English Teacher in the UK and Abroad / Cornish Life at the Turn of the 20th Century / Tommy the Tunneller: How Cornish Miners

Played a Special Role in World War I
Fee: £30 / Travel: By arrangement
For sale by arrangement: Books

Clive Blake, Cornish Poet

Address: Trewenn, 12 Arundel Way, Newquay TR7 3BB

Tel: 01637 874555

Email: clive.blake@live.co.uk
Website: www.cliveblake.co.uk

Audience-friendly rhyming poetry. Some laughter and merriment guaranteed. See website

for examples of poetry. **Fee:** £30 / **Travel:** none

For sale by arrangement: Poetry book, CDs and DVDs

Les J Burden

Address: Carmardden, Marshgate, Camelford PL32 9YN

Tel: 01840 261708

Email: ljburden@pobroadband.co.uk

English Folk and American Square Dancing / Basic Scottish Dancing

Fee: By arrangement / Travel: By arrangement

(not Wednesday evenings)

Cameo / Jan Cater

Address: 8 Chylan Crescent, St Columb Minor, Newguay TR7 3EG

Tel: 01637 876302 / **Mob:** 07971 971667

Email: jancater@hotmail.co.uk

Three ladies who can entertain you with songs, dance and readings (floor space and

PowerPoint required)

Fee: £15 / Travel: By arrangement (within 25-mile radius)

David Chapman

Address: 41 Bosence Road, Townshend, Hayle TR27 6AL

Tel: 01736 850287

Email: david@davidchapman.org.uk **Website:** www.davidchapman.org.uk

Photographing Places and Wildlife / Improving your Photography / Tales of a Wildlife

Photographer

Fee: £45 / Travel: Dependent on distance For sale by arrangement: Books and cards

Des Hannigan

Address: Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

Tel: 01736 788643

Email: trevowhan@aol.com

A Travel Writer's Life / The Ups and Downs of News Journalism

Fee: £50 / Travel: Depending on distance

For sale by arrangement: Copies of the speaker's books The Almost Island and The Long

Deep

Graham Hodgson

Address: Widgery, Clevelands, Bude EX23 8AB Tel: 01288 354856 / Mob: 07824 999031 Email: grahamhodgson1598@btinternet.com

The Life and Times of a Semi-Professional Entertainer / The Truth about Cornish Smugglers

and Pirates

Fee: £45 / Travel: Approx. £20 for a 100-mile round trip

Jill Lamede, The Tintagel Storyteller

Address: Penhale, Trewarmett, Tintagel PL34 0ET

Tel: 01840 770817

Email: jilllamede@aol.com

Folk Tales Old and New (choose a book from the basket, sit back, relax and listen)

Fee: £35 / Travel: 25p per mile

James Murray

Address: 44 Victoria Road, St Austell, PL25 4QD

Tel: 01726 71714

Email: james47murray@gmail.com

My Mad World of Opera

Fee: £30 (negotiable) / Travel: Minimal

William Shimell

Address: 15 Marine Drive, Torpoint PL11 2EH **Tel:** 01752 814018 / **Mob:** 07402 232563

Email: williamshimell@aol.com

But What is Your Day Job?: The Life of an Opera Singer

Fee: donation to charity / Travel: petrol costs

Alan Tippett and Spider

Address: 7 Pentowan House, King Edwards Crescent, Newquay TR7 1HJ

Tel: 01637 874969

Easy Listening Music and Comedy
Fee: negotiable / Travel: negotiable

TRAVEL

Geoff Davis

Address: Primrose Cottage, 3 The Links, Swanpool, Falmouth TR11 5UJ

Tel: 01326 619468 / Mob: 07802422991

Email: geoffdavis@live.co.uk

Lively entertainment with amusing stories, jokes, poetry and singing. Subjects include 'Reflections of a Cornishman' and 'Travels to Bangladesh, Romania, and the Holy Land' **Fee:** Whatever the WI can pay (a portion going to charity) / **Travel:** 40p per mile (or

whatever the WI can afford)

Des Hannigan

Address: Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

Tel: 01736 788643

Email: trevowhan@aol.com

A Travel Writer's Life / The Almost Island: Cornwall's Coast and Sea / The Ups and Downs of

News Journalism

Fee: £50 / Travel: Depending on distance

For sale by arrangement: Copies of the speaker's books The Almost Island and The Long

Deep

Roy McBryde

Address: 9 Park View Close, Carnon Downs, Truro TR3 6JL

Tel: 01872 863891

Email: roy mcbryde@msn.com

Scotland's West Coast / Scotland's East Coast / Castles, Houses and Gardens / Along the River Thames / Paris / Amsterdam and Keukenhoff Gardens / Houses and Gardens of the

National Trust / An Irish Sampler (all talks with slides)

Fee: £25 / Travel: by arrangement

MISCELLANEOUS

Andrew Besley

Address: 30 Tenderah Road, Helston TR13 8NT

Tel: 01326 561565

Email: andrewbesley@btinternet.com

SOS Lifeboats: Rescued from My Sinking Fishing Boat / Flown in Rescue Helicopters as a Photojournalist / Confessions of a Press Photographer: Scuffles and Scoops / Photographing

Famous People / Wedding in the Family
Fee: £30 / Travel: by arrangement

Robert Bond

Address: 1 Liskey Hill Crescent, Perranporth TR6 0HP

Tel: 01872 573882 / Mob: 07946 634912

Email: rrbond@talk21.com

A Day in the Life of a Radio and TV Broadcaster / Tales from the Sausage Factory / Tales from the Cider Cellar / Bond's Christmas Special / A Day in the Houses of Parliament / Charity

Auctioneer

Fee: £35 / Travel: 29p per mile

Irene Brown and Helena Turner

Address: Fir Tree Cottage, Pipers Pool, Launceston PL15 8PH

Tel: 01566 86173

Email: gorrells2000@aol.com

Scarves for All Seasons

Fee: None / Travel: 20p per mile over 20 miles

(available at short notice)

Geoff Davis

Address: Primrose Cottage, 3 The Links, Swanpool, Falmouth TR11 5UJ

Tel: 01326 619468 / Mob: 07802422991

Email: geoffdavis@live.co.uk

Lively entertainment with amusing stories, jokes, poetry and singing. Subjects include 'Reflections of a Cornishman' and 'Travels to Bangladesh, Romania, and the Holy Land' **Fee:** Whatever the WI can pay (a portion going to charity) / **Travel:** 40p per mile (or

whatever the WI can afford)

Barrie Galley

Address: 26 Penhaligon Way, St Austell PL25 3AR

Tel: 01726 71216 / **Mob**: 07900 812033

Email: barriegalley@hotmail.com

Wateraid

Fee: none / Travel: none

Mick Harrison

Email: mick.harrison@devonandcornwall.pnn.police.uk

The Work of a Police and Crime Commissioner (PCC)

Fee: none / Travel: none

Kristin Hunt

Address: Long Rock, Freathy, Whitsand Bay, Torpoint PL10 1JW

Tel: 01752 823051

Email: kristinhunt2@gmail.com

Deadlier than the Male: Women and Crime / How to Marry 100 Men in a Year: Tales of a

Superintendent Registrar / Infamous Women

Fee: £40 / Travel: 25p per mile

Lucia Johns

Address: 2 Tecarrack Road, Camborne TR14 7UQ

Tel: 01209 719273

Email: ogomezforero@gmail.com

How Civilians are Building Peace in Cambodia

Fee: £40 / Travel: £10 within 30-mile radius of Camborne

Dawn Lanham

Address: 13 Weller Court, Melville Road, Falmouth TR11 4ES

Mob: 07383 933226

Email: dawn.lanham1@outlook.com
Raising Awareness of Domestic Abuse

Fee: £40 / Travel: 24p per mile

Christine Meakin

Address: 8 Coronation Close, Callington PL17 7DN

Tel: 01579 641655

Email: chriscazg6@tiscali.co.uk Memories of an Adopted Child

Fee: none / Travel: none

David Parker

Address: 2 Millpool Head, Millbrook, Near Torpoint PL10 1FD

Tel: 01752 823958

Email: djp1942@aol.com

NCI Coast Watch / St Germans Church / Rame Community First Responders

Fee: none / Travel: none

Margaret Parker

Address: 2 Millpool Head, Millbrook, Torpoint PL10 1FD

Tel: 01752 823958

Email: mjrp1942@aol.com

From Prostitutes to Prime Minister / The Role of Press in a Democracy

Fee: none (but donation to charity appreciated) / Travel: none

Jan Pearce

Address: 33 Princess Parc, Indian Queens, St Columb TR9 6PB

Tel: 01726 861361

Email: tsvtalks@yahoo.com

Trading Standards: Avoiding Scams

Fee: £45 / Travel: none

Penny Praill

Address: 33 Carne View Road, Probus, Truro TR2 4HZ

Tel: 01726 884638

A Funny Job for a Woman / Do You Speak Greek? / Aces High

Fee: £25 / Travel: by arrangement

Lesley Robinson

Address: Gandria, Greenwith Road, Perranwell Station, Truro TR3 7LT

Tel: 01872 870323

Shopping: Enjoyment or Tedium?

Fee: £43 / Travel: 25p per mile (Carrick, Kerrier and Penwith)

Max Simpson

Address: Green Gables, West Park Road, Egloshayle, Wadebridge PL27 6HP

Tel: 01208 812698

Tools to Amuse and Confuse

Fee: £50

Diana Smith

Address: 36 Eglos Road, Shortlanesend, Truro TR4 9BZ

Tel: 01872 242568

Email: dianasmith45@btinternet.com

Guided walks around Truro, the Port of Truro, Falmouth, Penryn or Pendennis

Fee: £50 / **Travel:** 40p per mile (negotiable) Mid-Cornwall / Afternoons only during winter

Yvonne Toms

Address: 20 Carey Park, Killigarth, Polperro, Looe PL13 2JP

Tel: 01503 273086

Email: tomsyvonne@gmail.com

Housemaid at Buckingham Palace / An Evening with Joyce Grenfell / The Brontë Sisters

Fee: £20 / Travel: 40p per mile

Christine Wallach

Address: 18 Hawksdown View Seaton, Devon EX12 2BJ

Tel: 01297 23701 / **Mob:** 07957 432679 **Email:** christine.wallach@btinternet.com

What is Freedom: The Story of My Escape from a Cult

Fee: £75 / Travel: none

WORKSHOPS

Sheron King

Address: Mad Hatter Studio, The Long House, Old Newham Farm, Plympton, Devon PL7 5BL

Tel: 01752 291260 / Mob: 07795 805520
Email: sheron@madhattersstudio.com
Website: www.madhattersstudio.com
Thinking and Making with Found Objects
Fee: £60 plus materials / Travel: 40p per mile

Pat Mallett

Address: Landale, Coads Green, Launceston PL15 7LZ

Tel: 01566 782555

Email: patmallett6@gmail.com

All kinds of craft workshops available. Please ask for details. Daytime or evening. County-

wide.

Fee: £25 (please ask for half or full days; materials can be supplied for a small cost) / Travel:

30p per mile

Purdy's Punjabi Cuisine

Purdy Giles

Address: 38 Onslow Road, Peverell, Plymouth PL2 3QG

Tel: 07580 083012

Email: pgpunjabicuisine@gmail.com

Groups of up to 6 people. Demonstration with participation. Aprons, ingredients, and tea/coffee are provided. Following the demonstration, the group shares the meal. The entire

workshop (demonstration plus eating) is approximately 4-4 ½ hours.

Fee: £35 per person to include recipes which are e-mailed after the event

Vivienne Robinson (Blue Badge guide)

Address: Farm View, Lower Ninnis, Vogue, St Day, Redruth TR16 5HB

Tel: 01209 821295

Email: vivienner@btinternet.com

Heritage Walks and Talks (Cornish Towns) / Poldark's Truro Walk / Poldark's Cornwall Talk /

Tales of Hayle Walk & Talk / Great Flat Lode (WHS mining area) Walk & Talk

Fee: Talk £70 / Walk poa / Travel: 45p per mile

Available October-June