

# **CORNWALL FEDERATION OF WOMEN'S INSTITUTES**

## **SPEAKERS' DIRECTORY**

### **INTRODUCTION**

This Speakers' Directory is produced by the Cornwall Federation of Women's Institutes (CFWI). It provides WIs in the Federation with useful information to help them to choose good and effective speakers for their monthly meetings on a wide range of interesting and educational topics.

Potential new speakers frequently approach the Federation. We hold audition days twice a year to select new speakers. WI members from across the county attend these days. The WI members appraise the auditions and the Board takes full account of their recommendations in deciding who to accept. If you would like to be considered as a speaker, or if you know someone who does, please contact the Federation Secretary. If you would like to attend a Speakers' Audition Day, the next one is advertised in *County News*.

The Directory is kept up to date on the website. We no longer publish and distribute paper copy of the directory as a matter of course, because it so quickly becomes out of date. Nevertheless, if you would like a paper copy, please contact the Federation Secretary.

The Directory is compiled with great care. But CFWI cannot accept responsibility for the contents and reserves the right to make any alterations it may think fit.

If you engage a speaker who is particularly good, please let us know. Similarly, if you are dissatisfied with a speaker from this directory please contact the Federation Secretary straight away - that way we can help ensure the continued good quality and reliability of our speakers.

### **IMPORTANT NOTES RE PAYMENTS FOR SPEAKERS**

Always check fees, expenses etc. with a speaker before booking, and ask for confirmation in writing or by email of the agreed terms. If no fee is mentioned, it does not necessarily follow that a talk or demonstration is free.

In accordance with Charity Commission rules, WIs are not permitted to provide financial support to charities which do not further the objects of the WI, and payment for a speaker could count as such a donation. WIs must therefore pay the speaker and it is then the speaker's responsibility to make the charitable donation. However, this does not always work out, so should a speaker request that payment be made directly to their charity, WIs are advised to request an invoice from the charity which clearly states the name of the speaker and that payment is for the provision of a speaker, together with the date of meeting. For preference, this should be done in advance of the meeting, so that this does not cause problems at the meeting. If you have queries on this, contact your WI Adviser.

If a speaker wants to sell goods at the meeting, so long as you are happy with that, then he/she may do so provided the speaker donates at least 10% of the total takings to your WI.

## **HAVING A SPEAKER – A NOVICE GUIDE**

Do use the Speakers Invitation Forms when booking a speaker, which cover all the points you need to tell your speakers. These forms are in two parts: a reply part, and a part to be handed to the Treasurer on arrival at the meeting. This ensures that both the WI and the speaker have the same information. The forms, produced by WI Enterprises, are available from Trading Post at Cornwall Federation office for a small charge, and can be downloaded from the CFWI website.

Much of your communication will be by email. If you write to a speaker, enclose a stamped addressed envelope.

Always give your speakers a telephone number - preferably the mobile number of one of your WI officers, in case of a last-minute emergency. Ensure you have an emergency number for the speaker on the day too.

Send a reminder to your speaker at least 10 days before the date of your meeting. Reminder forms are also available from Trading Post at County Office or may be downloaded from the CFWI website.

Ask the speaker what equipment he/she is bringing and what the WI needs to provide. Check that it is compatible and will operate effectively. Check how long the speaker needs to set up for his/her talk and agree when that will be done.

Agree how the meeting room will be laid out for the speaker.

Agree a time of arrival and how long the speaker will talk, including questions.

Send your speaker a map showing the location of your hall, or direct the speaker to your website, if directions are shown there.

## **ON THE DAY**

Make sure the room is laid out appropriately for the speaker.

If the speaker is coming by car, keep a parking space outside the hall.

Nominate someone to greet the speaker and ensure the speaker has everything needed, Have a glass of water on the table for the speaker.

Do see that the speaker is not kept waiting past the agreed time for the talk. The speaker should not be expected to wait long while you finish your business, and he/she may have a long journey home after the talk.

Introduce the speaker correctly (name, job/position, talk title, etc.), even if he/she is known locally or is a WI member.

If the speaker over-runs, judge how the meeting is going and at an appropriate time stand up and indicate politely to the speaker that he/she needs to wind up.

After the talk, thank the speaker, or ask a member to give a short vote of thanks. Always pay your speaker at the time of the talk, not by post later.

### **IF A SPEAKER FAILS TO COME**

If the speaker is late, call him/her to ascertain the situation and whether you can accommodate a changed arrangement. In case your speaker should fail too late for you to contact anyone else (e.g., his/her car may break down on the way to the meeting), always have some ideas in readiness, so that members may enjoy their monthly meeting anyway. Be prepared. Here are a few suggestions:

- Prepare a quiz in advance and keep it for “just in case”.
- Have a round-table discussion on WI issues - ideas for next year’s programme, outings, competitions and social time, or resolutions you would like to see passed.
- Have a Woman’s Hour or magazine-type programme, on topical or local issues. Prepare a few topics in advance.
- Bring a CD player and have an easy social evening with background music over a cup of coffee. Use it as an opportunity for members to mix and have the opportunity for a chat with new or different ladies - not just the ones they usually sit with.
- Some of your own members might be able to speak about or demonstrate a craft or hobby, or show particularly interesting pictures. Why not ask one or two if they would like to do so sometime?
- Is there anyone nearby who would come and speak? Consider contacting your WI Adviser for advice.

AND FINALLY Enjoy your meetings and we hope that this directory helps you make the best of them!

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Please note: Unless specified otherwise, speakers are prepared to talk afternoon or evening, will consider short notice and will travel to all parts of the county.

## **ART AND CRAFT**

### **Jennifer Blockley**

**Address:** Highbury House, Egloskerry, Launceston PL15 8SG

**Tel:** 01566 785410

**Email:** jenniferblockley@hotmail.com

*Making Patchwork Wall Hangings with a Class of Eight-Year-Olds / Working with a School in Uganda*

**Fee:** £25 / **Travel:** 24p per mile

### **Sybilla Davis Designs**

**Address:** 7 Ashdown Close, Sticker, St Austell PL26 7EU

**Tel:** 01726 63394

**Email:** sybilla.davis@btinternet.com

**Website:** www.sybilladavisdesigns.co.uk

*Cross Stitch / Design Your Own Sampler (demonstration of either) / 'How I Started My Cross Stitch Business' / Workshops available: 2-3 hours (£40 plus travel)*

**Fee:** £40 plus travel by arrangement (Rame Peninsula to Perranarworthal)

### **Alison Gribble**

**Address:** Half Acre Barn, Coads Green, Launceston PL15 7NA

**Tel:** 01566 786947

**Email:** alisongribble21@gmail.com

*Blackwork / Canvas / Talks or Classes*

**Fee:** Talks £15 plus travel / Classes: £30 plus travel

### **Helene Llewellyn**

**Address:** Kharaz Jewellery, 14 Bassett Street, Redruth TR15 2EA

**Tel:** 01209 213959 / **Mob:** 07933 079348

**Email:** hsllewellyn@btinternet.com

*Murano Glass – Venetian Glass Trade Beads and Glass Bead Making / Ancient Egyptian Beads and the History of Bedouin Silver*

**Fee:** £45 / **Travel:** £10 within a 30-mile radius

## **CHARITIES AND OTHER GOOD CAUSES**

### **Alzheimer's Society**

**Kirsty Briggs**

**Address:** The Old Chapel, Chacewater, Truro TR4 8QP

**Mob:** 07540 920302

**Email:** Kirsty.Briggs@alzheimers.org.uk

**Website:** www.alzheimers.org.uk

*Alzheimer's Society: United against Dementia*

**Fee:** none / **Travel:** none

### **Helen Burridge**

**Address:** 7 Milton Crescent, Tavistock, Devon PL19 9AL

**Tel:** 01822 617751 / **Mob:** 07759 497224

**Email:** hells\_bells1964@me.com

*Presentation on hearing dogs for deaf people*

**Fee:** £40 / **Travel:** 40p per mile or can be negotiated.

East Cornwall, preferable during the day on Monday or Wednesday evenings. Wheelchair accessible vehicle has rear access ramp.

### **Cancer Research UK**

**Sophie Barber, Local Relationship Manager**

**Address:** 15 Grove, Lowarth, Blackwater TR4 8FX

**Tel:** 07788 364569

**Email:** sophie.barber@cancer.org.uk

**Website:** www.cancerresearchuk.org

*Cancer Research UK / Science Games / Progress in Cancer Research*

**Fee:** none / **Travel:** none

### **Go Beyond Children's Charity**

**Sarah Newman**

**Address:** Room 12, Partridge House, Kennford, Exeter EX6 1TW

**Tel:** 01726 817913

**Email:** sarahnewman@gobeyond.org.uk

**Website:** www.gobeyond.org.uk

*Providing Free Respite Breaks for Vulnerable Children from across the UK, including Hundreds from Many Areas of Cornwall*

**Fee:** donation

### **Children's Hospice (South West)**

**Address:** Little Harbour, Porthpean, St Austell PL26 6AZ

**Tel:** 01726 871800

**Email:** reception.lh@chsw.org.uk

**Website:** www.chsw.org.uk

*The Life and Work of Children's Hospice South West*

**Fee:** none / **Travel:** none

**For sale by arrangement:** Small promotional items

### **Cornwall Air Ambulance Trust**

**Morwenna Smart**, Community Fundraising Officer

**Address:** Trevithick Downs, Newquay TR8 4DY

**Tel:** 01637 889926

**Email:** enquiries@cornwallairambulancetrust.org

**Website:** www.cornwallairambulancetrust.org/

*Cornwall Air Ambulance: What, Why and How*

**Fee:** Small donation welcome, as fits the group / **Travel:** none

### **Cornwall Blood Bikes**

**Ian Butler**, Fundraising Manager, Media and PR

**Address:** Amytree Cottage, Amytree, St Mellion, Saltash PL12 6RX

**Tel:** 01579 384418 / **Mob:** 07925358379

**Website:** www.cornwallbloodbikes.org

**Email:** fundraising@cornwallbloodbikes.org

*The Operations, Organisation and Volunteers of Cornwall Blood Bikes*

**Fee:** donation / **Travel:** donation

### **Cornwall Hospice Care**

**Kelly Tregaskes**, East Community Fundraiser

**Address:** Cornwall Hospice Care, Fundraising, Daniels Lane, St. Austell PL25 3HS

**Tel:** 01726 66868 (Option 3 for fundraising)

**Email:** ktregaskes@cornwallhospice.co.uk

**Website:** www.cornwallhospicecare.co.uk

**Fee:** none / **Travel:** none

### **Cornwall Wildlife Trust**

**Request a speaker at:** [cornwallwildlifetrust.org.uk/support-us/speaker-network](http://cornwallwildlifetrust.org.uk/support-us/speaker-network)

**Email:** fundraising@cornwallwildlifetrust.org.uk

**Website:** [cornwallwildlifetrust.org.uk](http://cornwallwildlifetrust.org.uk)

*General introduction to the work of Cornwall Wildlife Trust*

**Fee:** donation / **Travel:** donation

## **Fishermen's Mission**

**Julian Waring**, Regional Fundraising Manager

**Address:** Fishermen's Mission, Star House, 5 Coinagehall Street, Helston, Cornwall TR13 8ER

**Tel:** 07917 754349

**Email:** julianwaring@fishermensmission.org.uk

**Website:** www.fishermensmission.org.uk

*The History of the Charity, its Aims and Objectives and how Those Practical Aims are Delivered around the 49 Ports and Coves of Cornwall / Looking after Fishermen and Their Families, Both Active and Retired*

**Fee:** donation / **Travel:** donation

## **Guide Dogs for the Blind**

**Address:** Suite 2 Chiltern House, Matford Court, Sigford Road, Exeter EX2 8NL

**Tel:** 0345 1430234

**Email:** southwestgroups@guidedogs.org.uk

**Web:** www.guidedogs.org.uk

*Guide Dogs and Living with Sight loss*

**Fee:** donation / **Travel:** By arrangement

## **iSight Cornwall**

**Jodi Strick**, Marketing and Communications Manager

**Address:** The Sight Centre, Newnham Road, Truro TR1 2DP

**Tel:** 01872 261110

**Email:** jstrick@isightcornwall.org.uk

**Website:** www.isightcornwall.org.uk

*The Work and History of iSight Cornwall*

**Fee:** donation / **Travel:** none

## **Macmillan Cancer Support**

**Leanne Thomas**, Fundraising Manager

**Tel:** 07834 192247

**Email:** Lthomas@macmillan.org.uk

*Talk on Macmillan Cancer Support*

**Fee:** none / **Travel:** none

## **Marie Curie**

**Lynda Thomas**

**Address:** PO Box 329, St Austell PL25 9HA

**Tel:** 01872 260500 / **Mob:** 07798 638099

**Email:** lynda.thomas@mariecurie.org.uk

**Website:** www.mariecurie.org.uk

*The Services Provided by Marie Curie (20-minute talk plus question time)*

**Fee:** By arrangement / **Travel:** By arrangement



### **Mercy Ships**

**Address:** Mercy Ships HQ, Unit 12, Meadway Court, Stevenage, Herts. SG1 2EF

**Tel:** 01438 727800

**Email:** info@mercyships.org.uk

**Website:** www.mercyships.org.uk

Book a speaker through the website.

*Mercy Ships*

**Fee:** donation / **Travel:** none

### **Samaritans**

**Address:** 19 Treyew Road, Truro TR1 2BY

**Tel:** 01872 277277

**Email:** trurosamaritans@gmail.com

**Website:** www.samaritans.org

*Work of the Samaritans*

**Fee:** By arrangement / **Travel:** By arrangement

### **Surfers Against Sewage**

**Kirsty Davies**, Community Water Quality Manager

**Address:** Unit 2, Wheal Kitty Workshops, St Agnes TR5 0RD

**Tel:** 01872 555947 / 01872 553001

**Email:** kirstie@sas.org.uk

**Website:** www.sas.org.uk

*Surfers Against Sewage: Protecting the Beaches for All*

**Fee:** none / **Travel:** none

## **COOKERY AND HOME ECONOMICS**

### **Jane Hanscomb**

**Address:** Tor View, Limehead, St Breward, Bodmin PL30 4LU

**Tel:** 01208 850806 / **Mob:** 07941 598488

**Email:** jane.hanscomb@outlook.com

*Herbs and Spices: Cooking, Medicinal and Cosmetic Uses (History, Lore and Magic)*

**Fee:** £40 / **Travel:** 40p per mile (30-mile radius of St Breward)

### **Jane Mills**

**Address:** Bar View, 6 Treeve Lane, Connor Downs, Hayle TR27 5BN

**Tel:** 01736 752680

**Email:** millsjane@hotmail.co.uk

*Cold Desserts / Instant Dishes for Reluctant Cooks / Easy Summer Eats / A Christmas Tea*

**Fee:** £30 (inclusive of ingredients) / **Travel:** 25p per mile

### **Wiltshire Farm Foods**

**Address:** Aqua House, 23 Tregonigge Industrial Estate, Falmouth TR11 4SN

**Tel:** 01326 378444

**Email:** cornwall@wiltshirefarmfoods.co.uk

**Website:** www.wiltshirefarmfoods.com

*Frozen Food Delivery Service*

**Fee:** none / **Travel:** none

## **CORNWALL**

### **Lyndon Allen**

**Address:** 8 Bojea Terrace, Trethowel, St Austell PL25 5RS

**Tel:** 07971 889106

**Email:** alyndon03@gmail.com

*History of Charlestown / St Austell during the War / St Astell History*

**Fee:** £35 / **Travel:** St Austell area – none, £5 for further

**For sale by arrangement:** Books



### **Bert Biscoe and Pol Hodge**

**Address:** 3 Lower Rosewin Row, Truro TR1 1EN

**Tel:** 01872 242293

**Email:** bertbiscoe@btinternet.com

*Dew Vardh (Dow Varth): Two Poets, Original Poetry, Songs and Dialect in Cornish and English*

**Fee:** £30 / **Travel:** modest contribution plus tea

**For sale by arrangement:** Small range of books

### **Margaret Blight**

**Address:** Tremarden, 41 Carlyon Road, St Austell PL25 4LL

**Tel:** 01726 67217

*Cornish Humorous Tales and Verse*

**Fee:** none / **Travel:** Transport required (5-mile radius of St Austell)

### **Dean Evans**

**Address:** 44 Polmennor Road, Falmouth TR11 5UX

**Tel:** 07588 711936

**Email:** dean.evans5@gmail.com

*The Passmore Edwards Legacy*

**Fee:** £35 to be donated to charity / **Travel:** £5 if east of Bodmin or west of Penzance

### **Friends of Truro Cathedral**

**Address:** Cathedral Office, Old Cathedral School, Cathedral Close, Truro TR1 2FQ

**Tel:** 01872 276782

**Email:** info@trurocathedral.org.uk

*Truro Cathedral*

**Fee:** £50 / **Travel:** negotiable

## **Geevor Tin Mine**

**Clint Hosking**, Learning Team Manager

**Address:** Geevor Tin Mine, Pendeen, Penzance TR19 7EW

**Tel:** 01736 788662

**Email:** learning@geevor.com

**Website:** www.geevor.com

*From Rock to Tin: A Brief History of Cornish Mining / Geevor's Diaspora / Arranged visits to Geevor are welcome.*

**Fee:** £50 for talks as far as Truro; generally unable to travel further (if so, fee would be £80)

**Travel:** none

## **Lynn Goold**

**Address:** 16 Park Road, Fowey PL23 1ED

**Tel:** 01726 832580 / **Mob:** 07971 562719

**Email:** lynnngoold@gmail.com

*Talks and Guided Walks: Daphne du Maurier's Cornwall / Fowey: Its History and Heritage / Literary Connections and Fowey / Kenneth Grahame's 'The Wind in the Willows' / Three Fascinating Characters Associated with Fowey.*

**Fee:** £60 / **Travel:** 40p per mile

## **Des Hannigan**

**Address:** Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

**Tel:** 01736 788643

**Email:** deshanniganbooks@gmail.com

*A Travel Writer's Life / The Almost Island: Cornwall's Coast and Sea / The Ups and Downs of News Journalism*

**Fee:** £50 / **Travel:** Depending on distance

**For sale by arrangement:** Copies of the speaker's books *The Almost Island* and *The Long Deep*

## **Muriel (Moe) Keast**

**Address:** 12 Tregullan View, Bodmin PL31 1BH

**Tel:** 01208 75818

**Email:** moe.keast@gmail.com

*Cornish Years (including writings of Anne Treneer) / Chasing the Tails / Tales of Cornwall (all talks include Cornish tales and songs)*

**Fee:** £45 / **Travel:** By arrangement

### **Geoff Provis**

**Address:** 18 Highfield Park Road, Launceston PL15 7DY

**Tel:** 01566 775820

**Email:** geoffprovis@hotmail.co.uk

*The Fishermen of Port Isaac / The Seafarers of Port Isaac / Port Isaac at Work and at Prayer / Delabole Slate Quarry*

**Fee:** By arrangement / **Travel:** By arrangement

**For sale by arrangement:** Books

### **Vivienne Robinson (Blue Badge guide)**

**Address:** Farm View, Lower Ninnis, Vogue, St Day, Redruth TR16 5HB

**Tel:** 01209 821295 / **Mob:** 07775 774083

**Email:** vivienner@btinternet.com

*Heritage Walks and Talks (Various Cornish Towns) / Poldark's Cornwall Walk / Poldark's Cornwall Talk / Tales of Hayle Walk or Talk / Great Flat Lode (World Heritage Site mining area) Walk & Talk / Through the Eyes of Rosamunde Pilcher (Authoress)*

**Fee:** Talk £90 / Walk POA / **Travel:** 45p per mile

Walks available throughout the year – evenings only in the summer.

### **Trevor Smitheram**

**Address:** Penpol Vean, Hayle TR27 4NN

**Tel:** 01736 756793

**Email:** trevor.smitheram@btopenworld.com

*Hayle History Brought to Life, Donkey Sanctuary, Dialect Stories / My Time Working for the Royal Family / Life of Rick Rescorla, Parts 1 and 2 / Past Important People in West Cornwall / Hayle's Blue Plaques*

**Fee:** donation / **Travel:** donation

### **Merryn Threadgold**

**Address:** 17 Victoria, Lostwithiel PL22 0AX

**Tel:** 07478 715800

**Email:** merryn.threadgold@hotmail.com

*Cornwall Memory Game – the research and development.*

**Fee:** £50 / **Travel:** None

**For sale by arrangement:** The game will be available to purchase



## COUNTRYSIDE, FARMING AND THE ENVIRONMENT

### **Tina Bessell**

**Address:** Cornish Lavender, Great Carnbargus Farm, Perranporth, TR6 0JF

**Tel:** 07425 448574

**Email:** cornishlavenderfarm@gmail.com

*Creating a Cornish Lavender Farm (After a Career in the RAF and then as a Radio Presenter on Pirate FM) / How to Grow, Propagate, Harvest, Distil and Prune Lavender / How to Cook with Lavender / Cream Teas and Lavender Talk at our Farm, late May to mid-August.*

**Fee:** For talks, £75, for visit to farm £10 per head, including lavender cream tea.

**Travel:** 45p per mile.

### **Rowena Castillo-Nicholls**

**Address:** 20 Ventonlace, Grampound Road, Truro, TR2 4EQ

**Tel:** 07711 105485

**Email:** ilovecornwall8@yahoo.com

*Butterflies in Cornwall / A Decade of Chough Watching*

**Fee:** £50 / **Travel:** 45p per mile.

**For sale by arrangement:** Greeting cards and postcards using own photographs.



### **David Chapman**

**Address:** 41 Bosence Road, Townshend, Hayle TR27 6AL

**Tel:** 01736 850287

**Email:** david@davidchapman.org.uk

**Website:** www.davidchapman.org.uk

*Wildlife of Cornwall / Birds of Cornwall / Wild about Cornwall / Cornwall's Seasons / Wildlife of the Falklands / Improving your Photography / Gardening for Wildlife*

**Fee:** £50 plus travel

**For sale by arrangement:** Books and cards

### **Cornwall Council Waste Team**

**Address:** New County Hall, Truro TR1 3AY

**Tel:** 01872 322222

**Email:** cornwallrecycles@cornwall.gov.uk

*Cornwall Council recycling.*

**Fee:** None / **Travel:** None



### **Cornwall Wildlife Trust**

**Request a speaker at:** [cornwallwildlifetrust.org.uk/support-us/speaker-network](http://cornwallwildlifetrust.org.uk/support-us/speaker-network)

**Email:** fundraising@cornwallwildlifetrust.org.uk

**Website:** [cornwallwildlifetrust.org.uk](http://cornwallwildlifetrust.org.uk)

*General introduction to the work of Cornwall Wildlife Trust*

**Fee:** £50 donation / **Travel:** donation

**Kate Doran**

**Address:** 11 Glendale Crescent, Mount Hawke, Truro, Cornwall TR4 8DP

**Tel:** 07951 448502

**Email:** flotsamflo@yahoo.com

*How to Use Plastic Waste Sustainably / My Inspiration*

**Fee:** £40 / **Travel:** 45p per mile

**Pippa Stilwell**

**Address:** Garth an Gear, Newmill, Penzance TR20 8UT

**Tel:** 01736 332618

**Email:** cfwiclimate@gmail.com

*Climate Change*

**Fee:** £25 / **Travel:** 15p per mile

**Wendy Winstanley**

**Address:** Miome, Short Cross Road, Mount Hawke, Truro TR4 8DU

**Mob:** 07842 380576

**Email:** wendywinstanley@hotmail.com

**Website:** [www.ravenswellcornwall.weebly.com](http://www.ravenswellcornwall.weebly.com)

*Ravenswell Supporting Wildlife*

**Fee:** £45 / **Travel:** No charge under 10 miles

**For sale by arrangement:** None, but would like to bring donation bucket

Will bring owl and possibly other animals

## **FINANCIAL PLANNING**

**Kerry Woodcock**

**Address:** 23 Lamb Park, Par PL24 2DR

**Mob:** 07977 939183

**Email:** [kerry@horizonep.co.uk](mailto:kerry@horizonep.co.uk)

**Website:** [legacylegal.co.uk/horizonep](http://legacylegal.co.uk/horizonep)

*Estate Planning: Wills, Trusts, and Powers of Attorney*

**Fee:** £25 / **Travel:** 40p per mile



## **GARDENING AND FLORAL ART**

### **Elizabeth Reeves**

**Address:** 117 Eglos Road, Shortlanesend, Truro TR4 9DR

**Tel:** 01872 241489

*The Plant Hunters / Alpines for Every Garden / Easy-Care Small Gardens / Herbs / Plants for Winter Colour / Growing Plants in Containers / Coastal Gardening / Gardens and Gardeners of the Commonwealth War Graves Commission / Climbers and Wall Shrubs / Totally Tropical*

**Fee:** £50 / **Travel:** 25p per mile (within one hour's drive from Truro)

### **Mike Stephens**

**Address:** Bracken Heights, Darite, Liskeard PL14 5JH

**Tel:** 07756 163256

**Email:** miketheplantsman@gmail.com

*Many Informative and Entertaining Talks on Wild Flowers, Birds, Butterflies, Garden Plants and Gardening, accompanied by slides*

**Fee:** £40 / **Travel:** By arrangement

**For sale by arrangement:** Plants

## **HEALTH, BEAUTY AND LIFESTYLE**

### **Paul Adkins**

**Address:** Highgrove House, Truro TR4 9NH

**Tel:** 01872 274774

**Email:** paul@positiveacupuncture.co.uk

**Website:** www.positiveacupuncture.co.uk

*Looking Good, Feeling Good: Acupuncture*

**Fee:** £25 / **Travel:** £10 for 50-mile radius of Truro

### **Trish Brock-Morgan**

**Address:** Ruff Bank, Porthallow, St Keverne, Helston TR12 6PN

**Tel:** 01326 281243 / **Mob:** 07950 262682

**Email:** trish@trishbrockmorgan.com

*Aloe Vera: The Plant of Life, Yesterday, Today and Tomorrow / Detox and Weight Loss / Skin Care and Cosmetics / Animal Care and Welfare*

**Fee:** £30 / **Travel:** By arrangement

### **Barry Cole**

**Address:** 18 Rainyfields, Padstow PL28 8EZ

**Tel:** 01841 532684

**Email:** joey2006@talktalk.net

*The Training of Paramedics in the London Ambulance Service / History of Fraternal Societies*

**Fee:** Voluntary donation, to be passed on to Padstow Lifeboat / **Travel:** none, within 30-mile radius of Padstow

### **Mairi Dowlen**

**Address:** Health Parcs, Studio 3, Mount Pleasant Eco-Park, Porthtowan TR4 8HL

**Tel:** 07968 379058

**Email:** info@lifestylechiropractic.co.uk

**Website:** <http://www.lifestylechiropractic.co.uk>

*Posture and Health: Your Guide to Healthy Habits*

**Fee:** none / **Travel:** 40p per mile

### **Beatrice Dyer**

**Address:** Penventinnie, Vean, Truro TR4 9EG

**Tel:** 01872 273329 / **Mob:** 07855 285645

**Email:** dyerpenventinnie@btinternet.com

*The Work of the Friends of Royal Cornwall Hospital*

**Fee:** donation / **Travel:** by arrangement

### **Sharon Eustice**

**Address:** Truro Health Park, Infirmary Hill, Truro TR1 2JA

**Tel:** 01726 873095 / **Mob:** 07798 696045

**Email:** sharoneustice@nhs.net

*Continence: Bladder Health*

**Fee:** £40 / **Travel:** none

### **Tash Glasgow**

**Address:** Woodland Lodge, South Hill Road, Callington PL17 7LH

**Mob:** 078357 81060

**Email:** natasha.glasgow@houseofcolour.co.uk

**Website:** www.houseofcolour.co.uk

*House of Colour: The Transformative Power of Colour and Style / Dressing for Success*

**Fee:** £70 / **Travel:** 50p per mile if over 12 miles

### **Deanne Greenwood**

**Address:** Mill Mehall, St Keverne, Helston TR12 6PX

**Tel:** 01326 281319

**Email:** deannegreenwood@me.com

**Website:** www.deannegreenwood.com

*Herbal Medicine: Back to the Future*

**Fee:** negotiable / **Travel:** By arrangement

### **Pam Luker**

**Address:** 29 Bonython Road, Newquay TR7 3AW

**Tel:** 01637 870548

**Email:** pamullola@btinternet.com

*The Bowen Technique*

**Fee:** £30 / **Travel:** 45p per mile if over 5 miles (within 20-mile radius of Newquay)

### **Jayne Price**

**Address:** Cornwall Carers Service, Cornwall Rural Community Charity, 1<sup>st</sup> Floor, The Chambers, Penryn Street, Redruth, TR15 2PS

**Tel:** 07968 605325

**Email:** jayne.price@cornwallrcc.org.uk

*Cornwall Carers Service: Supporting Carers in Cornwall*

**Fee:** none / **Travel:** none

### **Jane Richardson**

**Address:** 4 Salter Close, St Martin, Looe PL13 1FE

**Mob:** 07713 031806

**Email:** jane\_richardson@icloud.com

*Medical Detection Dogs*

**Fee:** £50 donation to charity / **Travel:** none

### **Deborah Slater**

**Address:** Keheren Therapy, Woodbine Farm, Truro Business Park, Truro TR3 6BW

**Mob:** 07943 630148

**Email:** debbie@keherentherapy.co.uk

*The Physical and Psychological Benefits of Massage for Health and Wellbeing*

**Fee:** none / **Travel:** none

### **Naomi Smith**

**Address:** Pendeen, West Trewirgie Road, Redruth TR15 2TJ

**Tel:** 01209 314337 / **Mob:** 07880 503548

**Email:** naomi.smith@weleda-advisor.co.uk

**Website:** www.weleda.co.uk

*Weleda: The Original Health and Wellbeing Company*

**Fee:** £15 / **Travel:** none within 10-mile radius

### **Brian Tregunna**

**Address:** Stephney Farmhouse, Budock Water, Falmouth TR11 5DZ

**Tel:** 07856 571163

**Email:** tregunnalifecoaching@gmail.com

*The Best Me: Mental Wellbeing for Women*

**Fee:** £50 / **Travel:** £10-£50, depending on location

I have my own published life coaching book and a series of self-help booklets that people can buy if they wish.

### **Wadebridge Laughter Club**

**Kathy West and Gemma Crook**

**Address:** Bryleun Cottage, Cannalidgey, Wadebridge PL27 7RB

**Tel:** 07970 965394

**Email:** wadebridgelaughter@gmail.com

*Laughter Yoga*

**Fee:** £50 / **Travel:** 25p per mile (if over 10 miles from Wadebridge)

### **Christine Wallach**

**Address:** 18 Hawksdown View, Seaton, Devon EX12 2BJ

**Tel:** 01297 23701 / **Mob:** 07957 432679

**Email:** christine.wallach@btinternet.com

*Hereditary Disease and the Dilemma for Parents*

**Fee:** £75 / **Travel:** none

**Ella Walsworth-Bell**

**Address:** Lowarren, Marlborough Avenue, Falmouth TR11 2RW

**Tel:** 07979 928617

**Email:** seaswimmerspoetry@gmail.com

*Morvoren: the poetry of sea swimming and Mor Poets*

**Fee:** £40 / 45p per mile or public transport

We have a small book stall and would be happy for a WI to claim 20% commission for any books sold.

**Vici Williams**

**Address:** Rospollas, Treverda, Penryn PR10 9BP

**Tel:** 07974 113352

**Email:** vici@mindfulnesscornwall.co.uk

**Website:** www.mindfulnesscornwall.co.uk

*Introduction to Mindfulness*

**Fee:** £50, Afternoons preferred, evenings by negotiation **Travel:** 45p per mile

## **HISTORY**

### **Barry Cole**

**Address:** 18 Rainyfields, Padstow PL28 8EZ

**Tel:** 01841 532684

**Email:** joey2006@talktalk.net

*History of Fraternal Societies*

**Fee:** By arrangement / **Travel:** none within a 30-mile radius of Padstow

### **Geevor Tin Mine**

**Clint Hosking**, Learning Team Manager

**Address:** Geevor Tin Mine, Pendeen, Penzance TR19 7EW

**Tel:** 01736 788662

**Email:** learning@geevor.com

**Website:** www.geevor.com

*From Rock to Tin: A Brief History of Cornish Mining; Geevor's Diaspora. Arranged visits to Geevor are welcome.*

**Fee:** £50 for talks as far as Truro; generally unable to travel further (if so, fee would be £80)  
/ **Travel:** none

### **Dr Michael Haywood**

**Address:** 6 Henscol Vale, Liskeard, Cornwall PL14 6LZ

**Tel:** 07966 757318

**Email:** mike@mikehaywoodart.uk

*The Voyage of the Mayflower in 1620...The Myths and the Reality / Aspects of the Inequality of Women Through the Ages / The History of the Mirror... the Invention that Changed our Perception for Ever*

**Fee:** £45, plus £5 to provide a digital projector and screen / **Travel:** Dependent on circumstances

### **Emma Hughes**

**Address:** 9 The Terrace, Chacewater, Truro TR4 8LT

**Tel:** 07817 193028

**Email:** enquiries@theladytimetraveller.co.uk

*Dressing a Tudor Queen: A Practical Demonstration of Tudor Clothing / Henry VIII: How to Create a Tyrant in One Easy Step! / Dressing a Victorian Lady: A Practical Demonstration in Dressing the Victorian Way / Female Victorian Egyptologists / A Victorian Christmas / The History of the Auxiliary Territorial Service / The Roles of Women during the Second World War / Folklore and Fairytales: Not Just for Children!*

**Fee:** £50 / **Travel:** Mileage payment for a location over 20 miles from Chacewater



### **Elizabeth Reeves**

**Address:** 117 Eglos Road, Shortlanesend, Truro TR4 9DR

**Tel:** 01872 241489

*The Plant Hunters / The War Graves*

**Fee:** £50 / **Travel:** 25p per mile

### **Lesley Robinson**

**Address:** Gandria, Greenwith Road, Perranwell Station, Truro TR3 7LT

**Tel:** 01872 870323

Email [robinsjhn@aol.com](mailto:robinsjhn@aol.com)

*Extracts from the Diary of a 19th Century Lady / Further Extracts from the Diary of a 19th Century Lady / Concluding Extracts from the Diary of a 19th Century Lady / Food, Furbelows and Etiquette / Fashion Ephemera: Desirable Accessories in the 1800s / Fashion Trends: How Do They happen? / The Great Wardrobe: Unlocking the Image of Elizabeth / Going for a Song: An Evening Identifying Antiques (supplied by speaker)*

**Fee:** £45 / **Travel:** 33p per mile

### **Trevor Smitheram**

**Address:** Penpol Vean, Hayle TR27 4NN

**Tel:** 01736 756793

**Email:** [trevor.smitheram@btopenworld.com](mailto:trevor.smitheram@btopenworld.com)

*Hayle History Brought to Life / Donkey Sanctuary / Dialect Stories / Past Important People in West Cornwall / Hayle's Blue Plaques / Life of Rick Rescorla, Parts 1 and 2*

**Fee:** donation / **Travel:** donation

### **Susan Symons**

**Address:** The Old Rectory, St Just in Roseland, Truro TR2 5JD

**Tel:** 01326 79048 / **Mob:** 07802 868886

**Email:** [susansymonsbooks@gmail.com](mailto:susansymonsbooks@gmail.com)

**Website:** [www.susansymons.com](http://www.susansymons.com)

*The Colourful Personal Life of Queen Victoria (talk in 5 parts: Young Victoria, Victoria and Albert, Victoria's Daughters, Queen Victoria Visits Cornwall and The Widowed Queen) / German Castles and Palaces and the British Royal Family / The Royal Family of Bavaria and their Fairytale Castles and Palaces*

**Fee:** £45 / **Travel:** 45p per mile (within a 35-mile radius of Truro)

## **THEATRE, MUSIC, ART, DANCE AND LITERATURE**

### **Rosemary Aitken**

**Address:** Peranswood, Tredrea Gardens, Perranworthal, Truro TR3 7QG

**Tel:** 01872 870042

**Email:** raitken@wyenet.co.uk

*People Don't Change Much: Experiences of an English Teacher in the UK and Abroad /  
Cornish Life at the Turn of the 20th Century / Tommy the Tunneller: How Cornish Miners  
Played a Special Role in World War I*

**Fee:** £40 / **Travel:** By arrangement

**For sale by arrangement:** Books

### **Clive Blake, Cornish Poet**

**Address:** Trewenn, 12 Arundel Way, Newquay TR7 3BB

**Tel:** 01637 874555

**Email:** clive.blake@live.co.uk

**Website:** www.cliveblake.co.uk

*Audience-friendly rhyming poetry. Some laughter and merriment guaranteed. See website  
for examples of poetry.*

**Fee:** £30 / **Travel:** none

**For sale by arrangement:** Poetry book, CDs and DVDs

### **Les J Burden**

**Address:** Carmardden, Marshgate, Camelford PL32 9YN

**Tel:** 01840 261708

**Email:** Burdendr@hotmail.com

*English Folk and American Square Dancing / Basic Scottish Dancing*

**Fee:** By arrangement / **Travel:** By arrangement

*(not Wednesday evenings)*

### **David Chapman**

**Address:** 41 Bosence Road, Townshend, Hayle TR27 6AL

**Tel:** 01736 850287

**Email:** david@davidchapman.org.uk

**Website:** www.davidchapman.org.uk

*Wildlife of Cornwall / Birds of Cornwall / Wild about Cornwall / Cornwall's Seasons / Wildlife  
of the Falklands / Improving your Photography / Gardening for Wildlife*

**Fee:** £50 plus travel

**For sale by arrangement:** Books and cards



**Des Hannigan**

**Address:** Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

**Tel:** 01736 788643

**Email:** trevowhan@aol.com

*A Travel Writer's Life / The Ups and Downs of News Journalism*

**Fee:** £50 / **Travel:** Depending on distance

**For sale by arrangement:** Copies of the speaker's books *The Almost Island* and *The Long Deep*

**James Murray**

**Address:** 44 Victoria Road, St Austell, PL25 4QD

**Email:** james47murray@gmail.com

*My Mad World of Opera*

**Fee:** £40 / **Travel:** Minimal

**William Shimell**

**Address:** 15 Marine Drive, Torpoint PL11 2EH

**Tel:** 07402 232563

**Email:** williamshimell@aol.com

*But What is Your Day Job?: The Life of an Opera Singer*

**Fee:** donation to charity / **Travel:** petrol costs

## TRAVEL

### **Geoff Davis**

**Address:** Primrose Cottage, 3 The Links, Swanpool, Falmouth TR11 5UJ

**Tel:** 01326 619468 / **Mob:** 07802422991

**Email:** geoffdavis@live.co.uk

*Lively entertainment with amusing stories, jokes, poetry and singing. Subjects include 'Reflections of a Cornishman' and 'Travels to Bangladesh, Romania, and the Holy Land'*

**Fee:** Whatever the WI can pay (a portion going to charity) / **Travel:** 40p per mile (or whatever the WI can afford)

### **Des Hannigan**

**Address:** Trevowhan Farmhouse, Morvah, Pendeen, Penzance TR20 8YU

**Tel:** 01736 788643

**Email:** trevowhan@aol.com

*A Travel Writer's Life / The Almost Island: Cornwall's Coast and Sea / The Ups and Downs of News Journalism*

**Fee:** £50 / **Travel:** Depending on distance

**For sale by arrangement:** Copies of the speaker's books *The Almost Island* and *The Long Deep*

### **Paula Rooney**

**Address:** The Caravan, Eastholme, Boldventure Road, St Austell PL25 3EA

**Tel:** 07947 775447

**Email:** paularooneyauthor@gmail.com

*Solo Travels by Interrail / Solo Travels along the Camino de Santiago.*

**Fee:** By arrangement

**For sale by arrangement:** Copies of the speaker's books



## **MISCELLANEOUS**

### **Robert Bond**

**Address:** 1 Liskey Hill Crescent, Perranporth TR6 OHP

**Mob:** 07946 634912

**Email:** rrbond@talk21.com

**Website:** roberbond.co.uk

*A Day in the Life of a Radio and TV Broadcaster / Tales from the Sausage Factory / Tales from the Cider Cellar / Bond's Christmas Special / A Day in the Houses of Parliament / Charity Auctioneer*

**Fee:** £30 / **Travel:** 18p per mile

### **Geoff Davis**

**Address:** Primrose Cottage, 3 The Links, Swanpool, Falmouth TR11 5UJ

**Tel:** 01326 619468 / **Mob:** 07802422991

**Email:** geoffdavis@live.co.uk

*Lively entertainment with amusing stories, jokes, poetry and singing. Subjects include 'Reflections of a Cornishman' and 'Travels to Bangladesh, Romania, and the Holy Land'*

**Fee:** Whatever the WI can pay (a portion going to charity) / **Travel:** 40p per mile (or whatever the WI can afford)

### **Barrie Galley**

**Address:** 26 Penhaligon Way, St Austell PL25 3AR

**Tel:** 07900 812033

**Email:** barriegalley@hotmail.com

*Wateraid*

**Fee:** none / **Travel:** none

### **Kristin Hunt**

**Address:** Long Rock, Freathy, Whitsand Bay, Torpoint PL10 1JW

**Tel:** 01752 823051

**Email:** kristinhunt2@gmail.com

*Deadlier than the Male: Women and Crime / How to Marry 100 Men in a Year: Tales of a Superintendent Registrar / Infamous Women*

**Fee:** £50 / **Travel:** 20p per mile

### **Dawn Lanham**

**Address:** 13 Weller Court, Melville Road, Falmouth TR11 4ES

**Mob:** 07383 933226

**Email:** dawn.lanham1@outlook.com

*Raising Awareness of Domestic Abuse*

**Fee:** £50, including travel

**Christine Meakin**

**Address:** 8 Coronation Close, Callington PL17 7DN

**Tel:** 01579 641655

**Email:** chriscazg6@tiscali.co.uk

*Now I Belong to Me*

**Fee:** none / **Travel:** none

**David Parker**

**Address:** 2 Millpool Head, Millbrook, Near Torpoint PL10 1FD

**Tel:** 01752 823958

**Email:** djp1942@aol.com

*NCI Coast Watch / St Germans Church*

**Fee:** none / **Travel:** none

**Margaret Parker**

**Address:** 2 Millpool Head, Millbrook, Torpoint PL10 1FD

**Tel:** 01752 823958

**Email:** mjrp1942@aol.com

*From Prostitutes to Prime Minister / The Role of Press in a Democracy*

**Fee:** none (but donation to charity appreciated) / **Travel:** none

**Lesley Robinson**

**Address:** Gandria, Greenwith Road, Perranwell Station, Truro TR3 7LT

**Tel:** 01872 870323

*Shopping: Enjoyment or Tedium?*

**Fee:** £45 / **Travel:** 33p per mile

**Max Simpson**

**Address:** Green Gables, West Park Road, Egloshayle, Wadebridge PL27 6HP

**Tel:** 01208 812698

**Email:** elizabethsimpson222@btinternet.com

*Tools to Amuse and Confuse*

**Fee:** £50

**Diana Smith**

**Address:** 36 Eglos Road, Shortlanesend, Truro TR4 9BZ

**Tel:** 01872 242568

**Email:** dianasmith45@btinternet.com

*Guided walks around Truro.*

**Fee:** negotiable

Wednesdays from May-October, starting at 11am from in front of the Cathedral in Truro.

**Yvonne Toms**

**Address:** 20 Carey Park, Killigarth, Polperro, Looe PL13 2JP

**Tel:** 01503 273086

**Email:** tomsyvonne@gmail.com

*Housemaid at Buckingham Palace / An Evening with Joyce Grenfell / The Brontë Sisters*

**Fee:** £30 / **Travel:** 40p per mile

**Christine Wallach**

**Address:** 18 Hawksdown View, Seaton, Devon EX12 2BJ

**Tel:** 01297 23701 / **Mob:** 07957 432679

**Email:** christine.wallach@btinternet.com

*Now I Have Found My Freedom*

**Fee:** £80 / **Travel:** none

## **WORKSHOPS**

### **Sheron King**

**Address:** Mad Hatter Studio, The Long House, Old Newham Farm, Plympton, Devon PL7 5BL

**Tel:** 07795 805520

**Email:** sheron@madhattersstudio.com

**Website:** www.madhattersstudio.com

*Thinking and Making with Found Objects – talk. A range of micro workshops available*

**Fee:** £60 plus materials / **Travel:** 40p per mile

### **Pat Mallett**

**Address:** 4 Treveglos Close, Lewannick, Launceston PL15 7GE

**Tel:** 07974 938010

**Email:** patmallett6@gmail.com

*All kinds of craft workshops – contact Pat for details of crafts available. Daytime or evening. County-wide.*

**Fee:** Small charge for materials and travel

### **Purdy's Punjabi Cuisine**

#### **Purdy Giles**

**Address:** 38 Onslow Road, Peverell, Plymouth PL2 3QG

**Tel:** 07580 083012

**Email:** pgpunjabicuisine@gmail.com

**Website:** www.purdypunjabicuisine.co.uk

*Groups of up to 6 people. Demonstration with participation. Aprons, ingredients, and tea/coffee are provided. Following the demonstration, the group shares the meal. The entire workshop (demonstration plus eating) is approximately 4-4 ½ hours.*

**Fee:** £50 per person to include recipes which are e-mailed after the event

### **Vivienne Robinson (Blue Badge guide)**

**Address:** Farm View, Lower Ninnis, Vogue, St Day, Redruth TR16 5HB

**Tel:** 01209 821295 / **Mob:** 07775 774083

**Email:** vivienner@btinternet.com

*Heritage Walks and Talks (Various Cornish Towns) / Poldark's Cornwall Walk / Poldark's Cornwall Talk / Tales of Hayle Walk or Talk / Great Flat Lode (World Heritage Site mining area) Walk & Talk / Through the Eyes of Rosamunde Pilcher (Authoress)*

**Fee:** Talk £90 / Walk POA / **Travel:** 45p per mile

Walks available throughout the year – evenings only in the summer.